

आत्मीय स्पर्श

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Love Rules the World



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Beside Atmiyadham, Nr Avadhoot Railway Crossing

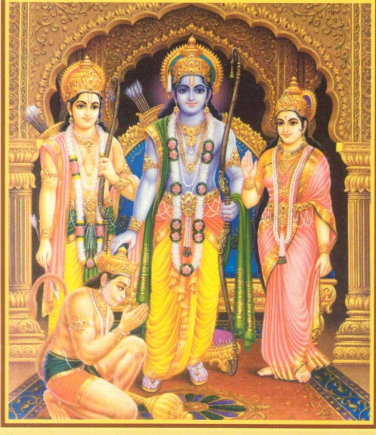
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અમૃત પાન

શ્રી રામચરિતમાનસ સુત્રામૃત

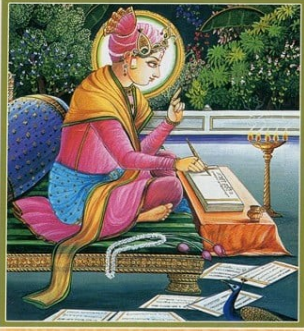
Sri Ram Charit Manas



જે ન મિત્ર દુઃખ હોઈં દુખારી।
તિન્હહિ બિલોકત પાતક ભારી॥
નિજ દુઃખ ગિરિ સમ રજ કરિ જાના।
મિત્રક દુઃખ રજ મેરુ સમાના॥
કિષ્કિન્ધાકાણ્ડ (૪-૬-૧)

જે મિત્રના દુઃખે દુઃખી નથી થતા એવા લોકોને જોવાથી
પણ પાપ લાગે છે. પોતાના પર્વત જેવા મોટાં દુઃખને
ધૂળ સમાન અને મિત્રના ધૂળ જેવા સામાન્ય દુઃખને
પર્વત સમાન મોટું સમજવું જોઈએ.

શિક્ષાપત્રી



શિક્ષાપત્રીનાં
આજ્ઞાવચનો
(મૂળ શ્લોકો સહિત)

સ્વશિષ્યાર્પિતધાન્યસ્ય કર્તવ્યો વિક્રયો ન ચ ।
જીર્ણં દત્વા નવીનં તુ ગ્રાહ્યં તન્નૈવ વિક્રયઃ ॥૧૨૬॥
અને પોતાના જે શિષ્ય તેમણે ધર્મ નિમિત્ત પોતાને આપ્યું
જે અન્ન તે વેચવું નહિ અને તે અન્ન જૂનું થાય તો તે જૂનું
કોઈકને દઈને નવું લેવું અને એવી રીતે જે જૂનાનું નવું
કરવું તે વેચ્યું ન કહેવાય. ॥૧૨૬॥

શ્રીમદ્ ભગવદ્ ગીતા



યદ્યદાચરતિ શ્રેષ્ઠસ્તત્તદેવેતરો જનઃ।

સ યત્પ્રમાણં કુરુતે લોકસ્તદનુવર્તતે॥૩.૨૧॥
શ્રેષ્ઠ પુરુષ જે જે આચરે છે, અન્ય માણસો પણ તેને તેને
જ આચરે છે; તે જે કંઈ પ્રમાણ કરી આપે છે, સકળ
માનવ-સમૂહ તે પ્રમાણે વર્તવા લાગે છે. ॥ ૩.૨૧ ॥

आत्मीय स्पर्श

Founder	P.P. Hariprasad Swamiji Maharaj
President	P.P. Premswaroop Swamiji Maharaj
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Publishing Committee	Teachers

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EDITORIAL

Dear Students, Parents and Well-Wishers !

Looking back at the past few days, our school has been full of energy! From emotional goodbyes to exciting new beginnings, every student and teacher has played a vital role in making this month special. Here is a look at the highlights of our journey together.

Special Moments and Fond Farewells

We started with the divine celebration of Maha Shivratri, which taught us the value of focus and patience. Soon after, we gathered for the Farewell ceremony. It was a day of mixed emotions as we said goodbye to our senior students. We are proud of the leadership they showed and wish them the very best for their bright future.

Fun, Sports, and Creativity

Our campus was buzzing with excitement during Sports Day. It wasn't just about winning; it was about cheering for each other and showing great team spirit. The energy continued with the Beat and Bounce Competition, where our talented dancers and musicians really shone on the stage! We also have a **brand-new reason to smile**: the Play Area Inauguration. This new space is now open for our younger students to play, run, and

Learning and Growing Together

School is about more than just books—it's about growing as people:

* **Pariksha Pe Charcha**: We learned how to stay calm and treat exams like a festival rather than a burden.

* **Eco Club Activity**: Our students took steps to care for Mother Earth, reminding us all to keep our surroundings green and clean.

* **Kaushal Bodh (Teachers' Training)**:

The Kaushal Bodh teachers' training at Atmiya Vidyalay was an enriching and insightful experience. It focused on enhancing teaching skills, classroom management and innovative methodologies. They attended special workshops to learn new and fun ways to help us understand our lessons better.

Eventually this month has shown that when we work hard and play fair, we can achieve anything. Whether you were on the field, on the stage, or in the classroom, excellence was seen everywhere.

Keep shining, everyone!



Farewell Ceremony

Venue: Atmiya Vidyalay, Manjalpur - Vadodara



उत्तिष्ठत जाग्रत प्राप्य वरान्निबोधत।
क्षुरस्य धारा निशिता दुरत्यया
दुर्गं पथस्तत्कवयो वदन्ति॥



Arise, awake, and move forward towards your goal. The path may be challenging, but success awaits.

The farewell ceremony for the outgoing students of Class 12 was organised with the inspiring theme **“Into the Orbit”**. The theme symbolised the students’ journey from the secure launchpad of school life into the vast orbit of future opportunities and dreams.

The programme began with a prayer, seeking blessings for the students as they prepared for their lift-off into a new phase of life. This was followed by a warm welcome address highlighting the significance of the theme and the achievements of the outgoing batch. A series of cultural performances including dances and songs added colour and energy to the event. Each performance reflected memories, friendships, and milestones, making the ceremony emotional yet joyful.

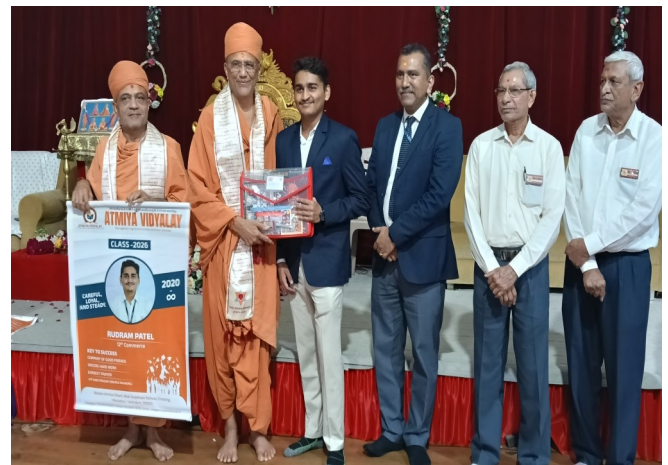


The Principal addressed the students with words of encouragement, reminding them to stay confident, focused and grounded as they move into their own orbits of success.

Mementos and certificates were presented as tokens of love and remembrance. The outgoing students expressed their gratitude towards the school and teachers through heartfelt speeches.











The ceremony was concluded with a vote of thanks and refreshments. The farewell programme, themed **“Into the Orbit,”** was a memorable event, marking not an end but the beginning of a stellar journey ahead.

Pariksha Pe Charcha

Venue: Atmiya Vidyalay, Manjalpur - Vadodara

6th
Feb



On the occasion of ***Pariksha Pe Charcha 2026***, students from Classes 6 to 12 assembled in the school to watch the live interaction of Hon'ble Prime Minister Shri Narendra Modi. The programme was organised with the aim of helping students understand how to face examinations with confidence and a positive mind set. All the students watched the session with great interest and enthusiasm.

During the interaction, the Prime Minister spoke to students in a very simple and friendly manner. He encouraged them not to be afraid of exams and to treat them as a normal part of life. He advised students to focus on regular study, proper time management and maintaining a healthy daily routine. He also reminded them that marks are important, but learning, discipline and self-confidence matters even more.



Students learned valuable lessons about staying calm, avoiding unnecessary pressure, and believing in their own abilities. The **Prime Minister** also highlighted the importance of taking short breaks, talking to teachers and parents when feeling stressed and keeping a balanced approach towards their studies and activities.



The session proved to be very motivating and useful for all the students. It helped them understand how to prepare for exams in a relaxed and confident manner. Watching ***Pariksha Pe Charcha 2026*** was an enriching experience for students and teachers alike and it left everyone feeling encouraged and positive about their upcoming examinations.

Celebrating Excellence in Leadership

Venue: - Radisson Blu, Dwarka, Delhi

7th
Feb



It is a moment of immense pride and honour for the entire school community as we celebrate the remarkable achievement of our **Principal, Mr. Milind Phadke**. He has been conferred with the prestigious title of **IPN – India's Most Impactful School Leader 2025** by the Indian Principals Network, under the aegis of the IPN Foundation.

This recognition highlights his **exemplary leadership, unwavering dedication, and tireless** efforts to create a meaningful and lasting impact in the field of education. Under his visionary guidance, the institution has continued to grow as a centre of excellence, nurturing not only academic brilliance but also strong values, discipline, and holistic development among students.

His commitment to innovation, quality education, and student empowerment has made him a true inspiration in the educational fraternity. The honour was presented during the IPN Impact Honours Ceremony held at **Radisson Blu, Dwarka, Delhi**, on 7th February, where distinguished school leaders from across the nation witness the event.



Receiving such national recognition is not only a personal milestone for Sir but also a **proud moment** for the entire Atmiya family. The achievement stands as a testament to the collective spirit of excellence that defines the institution and inspires everyone to strive for greater heights.

Annual Sports Day

Venue: Atmiya Vidyalay, Manjalpur - Vadodara



Atmiya Vidyalay successfully organized its Annual Sports Day on 14th February 2025, which commenced at 9:30 a.m. The event witnessed enthusiastic participation from students of **Grade III to IX and XI**. This event promoted physical fitness, sportsmanship and healthy competition through various athletic events and ceremonial activities organized on a house-wise basis.



The event commenced with a warm Welcome and Introduction ceremony setting the tone for the day's activities. This was followed by a spectacular house-wise March Past where students from different houses demonstrated discipline, coordination and team spirit. The ceremony continued with the Oath Taking where the Principal Sir administered the sports oath to all participants, emphasizing the values of fair play and sportsmanship. Following this, the formal Inauguration of Sports Day was conducted, marking the official beginning of athletic competitions. The symbolic Torch Lighting ceremony represented the spirit of excellence and determination.



The **Sports Day** featured comprehensive events organized across three categories:

Grade III to V: This category included Kho-Kho, 100 meter Running Race and Sack Race where young athletes showcased their speed and agility, followed by the entertaining Sack Race which tested coordination and balance while bringing smiles to everyone's faces.



Grade VI to VIII: This category featured the competitive relay race, volley ball and 100 meter Running Race where students demonstrated their sprinting abilities. It also included category Lemon and Spoon Race, a classic test of focus and steady coordination that challenged students to maintain balance under pressure.



Grade IX and XI: The senior category included the challenging 100 meter race competition, the powerful Shot Put, volley ball and the thrilling Tug Of War event showcased athletic strength of the girls and emphasized teamwork, coordination and collective strength as a team spirit with great enthusiasm and spirit.



The primary objective of this Annual Sports Day was to encourage students to engage in physical activities while developing their athletic capabilities. The event successfully instilled values of fair play, teamwork, discipline, and sportsmanship among participants. The house-wise organization ensured healthy competition and strong team bonding among students. Students showed improved physical fitness levels and developed important character traits including perseverance, determination, and the ability to handle both success and failure gracefully. The event served as a platform for identifying talented athletes who can represent the school in interschool competitions while strengthening bonds among the school community and creating lasting memories that inspire students to pursue excellence in sports and maintain healthy, active lifestyles.





The Sports Day celebration at Atmiya Vidyalay concluded with great enthusiasm and joy. Students showcased remarkable talent, discipline, and sportsmanship throughout the events. The winners were honored with medals and certificates, motivating everyone to strive for excellence. The event promoted teamwork, unity, and a healthy competitive spirit among students. It was a memorable day filled with energy, excitement, and learning. The celebration ended on a positive note, leaving everyone inspired and proud.



Mahashivratri Celebration

Venue: Atmiya Vidyalay, Manjalpur - Vadodara



Devotion House celebrated the sacred festival of **Mahashivratri** with immense **devotion, enthusiasm, and cultural** fervour at Atmiya Lawn Ground. The event brought together students, teachers and staff to honour Lord Shiva and understand the profound spiritual significance of this auspicious day.



Program Highlights:

- **Anchoring and Welcome Address**

The student anchors warmly welcomed the esteemed Principal, teachers and fellow students. They eloquently introduced the program and emphasized the importance of celebrating Mahashivratri, setting the tone for the spiritual journey ahead.

- **Opening Prayer**

The celebration began on a divine note with a soulful prayer melodious voices and sincere devotion created a serene and spiritual atmosphere, invoking Lord Shiva's blessings for the gathering.



- **Shankar Bhagwan Stuti & Poojan**

The ceremonial worship formed the spiritual core of the celebration. Principal Sir and Anand Sir performed the sacred poojan with great reverence and devotion. The ritualistic worship of Lord Shiva, accompanied by Vedic chants and traditional offerings, filled the venue with divine vibrations and blessed the occasion.



- **Dance Performance by Sr. KG A1**

The adorable students of Sr. KG A1 stole everyone's hearts with their charming dance performance. Dressed in colorful costumes, these little performers danced with innocence and joy, bringing smiles to every face in the audience. Their enthusiastic participation demonstrated that devotion knows no age and their effort was truly commendable.



- **Speech on the Importance of Mahashivratri**

A confident student delivered an enlightening speech explaining the spiritual and cultural significance of Mahashivratri. The speech covered the importance of fasting, night-long vigil and worship of Lord Shiva. It also highlighted how this festival teaches us the values of self-discipline, devotion and the victory of good over evil. The articulate presentation helped everyone understand the deeper meaning of the celebration.



- **Dance Performance by Grades 1, 2 & 3**

The young students of Grades 1, 2, and 3 presented a spectacular dance performance that beautifully depicted the glory of Lord Shiva. Their synchronized movements, vibrant costumes and infectious energy captivated the audience. The performance showcased their dedication, hard work and the guidance of their teachers, earning thunderous applause.



- **Shivratri Story Narration**

A talented student narrated the traditional story associated with Mahashivratri, recounting the legends of Lord Shiva and the significance of this holy night. The storytelling session was engaging and informative, helping students connect with the rich mythology and cultural heritage of our tradition. The narrative brought alive the tales of devotion and divine grace that make this festival so special.

• Birthday Celebration

Adding to the festive spirit, birthdays of students were celebrated during the program. The birthday students were felicitated with warm wishes and everyone joined in singing the birthday song. This joyous moment added a personal touch to the celebration and made it even more memorable for the celebrants.



- **National Song**

The program concluded with the singing of the National Song, uniting everyone in a spirit of patriotism and national pride. The collective rendition reminded everyone of their duties toward the nation and the importance of unity and harmony.



Conclusion:

The Mahashivratri celebration organized by Devotion House was a grand success, beautifully blending spiritual devotion, cultural performance and educational enrichment. The program provided students with an opportunity to understand and appreciate the significance of this sacred festival while showcasing their talents and creativity. The meticulous planning by the teachers and the enthusiastic participation of students made the event truly memorable. The celebration not only honored Lord Shiva but also reinforced values of devotion, discipline, cultural pride and unity among the school community. It was indeed a day filled with divine blessings, joy and learning that will remain etched in everyone's hearts.

KG Section Play Inauguration

Venue: Atmiya Vidyalay, Manjalpur - Vadodara



The school proudly inaugurated the play area on ' 23rd February 2026 to promote **physical development** and joyful learning among students. The play area was inaugurated with great excitement in the presence of Swami ji, Principal sir and Anand sir. Students enjoyed it with great enthusiasm. This initiative reflects the school's commitment to providing a balanced environment for both education and recreation .





Beat & Bounce Competition

(Yoga, Gymnastics & Zumba)

Venue: Atmiya Vidyalay, Manjalpur - Vadodara



The **Beat and Bounce Competition** was successfully conducted on Friday, February 27, 2026 in the school premises.

1. Event Criteria

The Beat & Bounce Competition was designed to encourage students to actively participate in physical fitness and rhythmic activities.

The event focused on:

- Correct body posture and movement
- Coordination with rhythm and music
- Balance, flexibility and stamina
- Confidence and stage presence
- Discipline and safety during performance

Students were instructed to perform within the given time limit.



2. Students' Participation

Thirty four students from Nursery to Senior KG class participated enthusiastically in Yoga, Gymnastics, and Zumba. Each participant showcased their skills with confidence, energy, and dedication.

The active involvement of the students reflected their fitness, teamwork, and creative expression. Participation was encouraging and inclusive, with students supporting and motivating one another throughout the event.



3. Judging Criteria

The performances were evaluated by the judges based on the following parameters:

Accuracy and correctness of movements

Balance, flexibility, and body control

Rhythm, coordination, and flow

Confidence, expressions, and presentation

Overall impact and discipline

Fair and transparent judging was ensured for all participants.



4. Highlights of the Event

- Energetic Zumba performances filled the atmosphere with enthusiasm.
- Graceful Yoga postures displayed calmness and focus.
- Powerful Gymnastics routines showcased strength and flexibility with the excellent coordination between music and movements to upgrade the high level of student confidence and sportsmanship.
- The event created a lively and motivating environment for everyone present.

5. Benefits of the Event

- Improved physical fitness and flexibility among students.
- Enhanced coordination, balance, and stamina.
- Boosted self-confidence and stage presence.
- Promoted discipline, teamwork, and healthy competition.
- Encouraged a positive attitude towards a healthy lifestyle.



Conclusion

The Beat & Bounce Competition was a well-organized and successful event. It contributed significantly to the holistic development of students by combining fitness, fun, and creativity. Such activities play an essential role in nurturing physically active, confident, and disciplined learners.



Kaushal Bodh Preparing Students for Real-Life Skills

Venue: Atmiya Vidyalay, Manjalpur - Vadodara



Atmiya Vidyalay is proud to share insights from a recent training attended by our faculty **Ms. Deepa Manoj** on **Kaushal Bodh**, a mandatory skill-based education programme introduced for students in Grades VI to VIII under CBSE guidelines and aligned with the vision of the NEP 2020.

The programme is designed to move beyond textbooks and examinations, focusing instead on hands-on learning and practical skills, allowing students to engage in projects that help them to understand and experience three important domains:

1. Work with Life Forms – activities related to nature, environment, and living beings.
2. Work with Materials and Machines – exposure to tools,

3. Work with **Human Services** – projects that build empathy, teamwork, and social responsibility.

By the end of Grade VIII, each child would have completed nine diverse projects giving them confidence, independence, and awareness of real-world applications of their learning.



Kaushal Bodh ensures that children are not only academically strong but also equipped with:

- Practical life skills and confidence in handling everyday situations.
- Awareness of career opportunities and work environments.
- Respect for the dignity of labour and appreciation of diverse talents.
- Strong interpersonal skills, creativity, and teamwork.

Special Bagless Dayss would be used for field-based projects, and a Kaushal Mela would be organised annually to showcase student learning.

These events will highlight the process of skill development and the joy of experiential learning.

Eco Club Activity (Grade 3 to 9)

Venue: Atmiya Vidyalay, Manjalpur - Vadodara

7th
Feb



The Eco Club of the school successfully organized an activity titled “**Best Out of Waste**” on 7th February 2026 for students of Grade 3 to 9.

Theme: Best Out of Waste using Cardboard



Students prepared innovative articles using cardboard cuttings along with colors, paint brushes, and decorative materials. The activity helped younger students develop environmental sensitivity along with artistic skills.



The activity aimed to create awareness about environmental conservation and encourage students to reuse waste materials in a creative and useful way.

Theme: Best Out of Waste using plastic materials

Grade : 6 to 9

Students of Grades 6 to 9 enthusiastically participated by preparing innovative items using plastic waste materials such as bottles, cans, boxes, and other discarded items. The young participants displayed remarkable creativity by transforming waste into decorative and useful objects like pen holders, flower pots, organizers, and showpieces. Students creatively reused plastic bottles, cans, boxes, and other recyclable materials to prepare useful and decorative items.



The activity helped students to understand the importance of recycling, reusing materials, and reducing waste, which are essential steps toward protecting our environment. It also provided a platform for students to showcase their creativity, imagination, and problem-solving skills.

The Eco Club appreciated the enthusiastic participation of the students and the support of teachers in making the activity successful. Such initiatives inspire students to adopt eco-friendly habits and become responsible citizens who care for the environment.

Atmiya Vidyalay

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