

आत्मिय स्पर्

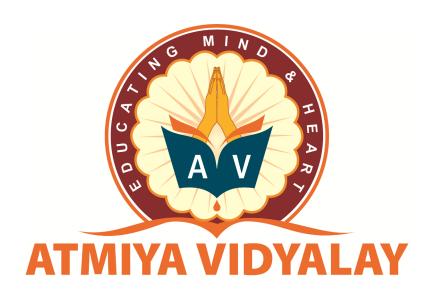
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Love Rules the World



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अभृत पान

શ્રી રામચરિતમાનસ સુત્રામૃત

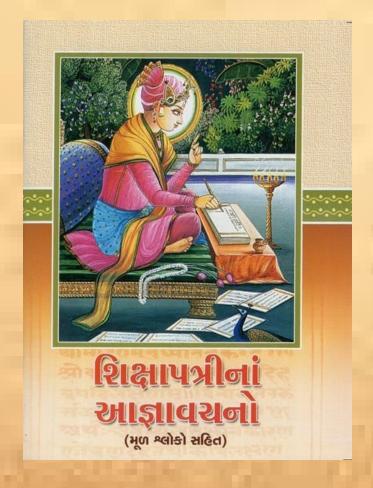
Sri Ram Charit Manas



जिमि सरिता सागर मंह जाही। जद्यपि ताहि कामना नाहीं ।। तिमि सुख संपत्ति बिनहि बोलाएं। धर्मशील पहिं जहि सुभाएं। बालकाण्ड (२९४)

સાગર નદીની ઈચ્છા રાખતો નથી, તેમ છતા નદીઓ સમુદ્રમાં જાય છે; તેવી જ રીતે સુખ અને સંપત્તિ સ્વાભાવિક રીતે જ ધર્મવાન વ્યક્તિ પાસે બોલાવ્યા વિના જાય છે.

શિક્ષાપત્રી



गुणिनां गुणवत्ताया ज्ञेयं हयेतत् परं फलम् ।

कृष्णे भिक्तश्च सत्सङ्गोऽन्यथा यान्ति

विदोऽप्यधः ॥११४॥

અને વિદ્યાદિક ગુણવાળા જે પુરુષ તેમના ગુણવાનપણાનું એ જ પરમ ફળ જાણવું; કયું ? તો જે શ્રીકૃષ્ણ ભગવાનને વિષે ભક્તિ કરવી ને સત્સંગ કરવો અને એમ ભક્તિ ને સત્સંગ એ બે વિના તો વિદ્યાન હોય તો પણ અધોગતિને પામે છે. !!૧૧૪॥



Founder P.P. Hariprasad Swamiji Maharaj

President P.P. Premswaroop Swamiji Maharaj

Inspiration P.P. Tyagvallabh Swamiji

Publishing Committee Teachers

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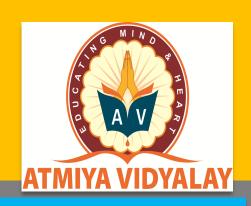
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Dear Students, Parents and Well-Wishers!

As we reflect on the vibrant month at Atmiya Vidyalay, we are filled with pride and joy at the milestones we've celebrated and the values we continue to nurture.

Since its establishment in June 2016, Atmiya Vidyalay has stood as a beacon of learning, character-building, and cultural pride. With nine years of excellence in education, we've grown into a nurturing space where students not only pursue academic success but also blossom into compassionate and responsible individuals.



This month began with the celebration of **School Sthapana Divas**, a day that reminds us of our journey, our vision, and the tireless efforts of our educators and mentors. From a humble beginning, the school has now become a hub of innovation, values, and holistic development.

International Yoga Day was observed with great enthusiasm, echoing the global theme of "Yoga for One Earth, One Health." Students, teachers, and guests actively participated in yogic exercises, meditation, and pranayama, embracing physical, mental, and spiritual harmony. The sessions served as a gentle reminder of our roots and the importance of inner balance.

EDITORIAL

NOTES

We also honored the spirit of Father's Day — a heartfelt occasion to express our love, respect, and gratitude toward the guiding figures in our lives. Students prepared touching tributes, handmade cards, and shared stories that reflected the unspoken strength and love of fathers.

Adding to the spiritual energy, we celebrated the auspicious occasion of Rath Yatra. The festival was marked by devotion, cultural performances, and the traditional pulling of the symbolic chariot. It fostered unity, devotion, and a sense of belonging to our rich Indian heritage.

Lastly, the **Rhyming Competition** brought out the creative spark in our young poets. It was delightful to see students confidently recite verses filled with rhythm, imagination, and emotion. The competition nurtured language skills and encouraged expressive communication among students.

In conclusion, these events have not only added color to our school life but also strengthened the pillars of discipline, creativity, health, and culture. Atmiya Vidyalay continues to grow—rooted in tradition and blossoming toward a bright, value-rich future.

9th Foundation Day Celebration of Atmiya Vidyalay

Date: 16 June 2025, Monday

Venue: Atmiya Vidyalay, Manjalpur, Vadodara

With immense pride and heartfelt joy, Atmiya Vidyalay celebrated its 9th Foundation Day, commemorating nine glorious years of excellence in education, values, and holistic development. Since its humble beginning in 2016, the institution has grown into a beacon of learning, rooted in spiritual values and guided by the divine vision of Param Pujya Hariprasad Swamiji.



The day began with an auspicious welcome. All students were greeted warmly at the school gate with Tilak and chocolates by senior teachers, Principal Sir, and Anand Sir, creating an atmosphere of respect, warmth, and love.

A special assembly was held to mark this occasion. The celebration began with a Swamiji Poojan, gracefully performed by Principal Sir, Anand Sir, and Shri Kanti Kaka, seeking divine blessings for continued growth and harmony.



The stage then came alive with powerful words and reflective speeches. Abhishek Sir gave an insightful address on the school's journey, highlighting milestones achieved from 2016 to 2025 — including academic excellence, spiritual nurturing, disciplined culture, and the school's contribution to shaping responsible citizens.

Further adding to the spirit of the event, Arti Ma'am, Jalpa Ma'am, and Bhavisha Ma'am shared their heartfelt reflections, expressing their joy in being part of an institution that nurtures both intellect and character.

Principal Sir delivered an enlightening speech, sharing the vision behind Atmiya Vidyalay — a school where education is not just about marks, but about values, compassion, and self-discipline.

The highlight of the day was the inspiring message by Shri Kanti Kaka, who took the gathering down memory lane, recalling the school's foundational days and the blessed guidance of Param Pujya Hariprasad Swamiji, whose dream is now being realized by Param Pujya Prem Swarup Swamiji. He reminded all that "Badha bhulka to bal swarup chhe – prem thi bhnavava joie," emphasizing that love and understanding must form the core of teaching.

He also extended heartfelt gratitude to the divine and to all who supported the school's journey over the years.

The celebration concluded with the soulful rendition of the National Anthem, filling everyone's hearts with pride and gratitude.



11th International Yoga Day Celebration

Date: 21st June 2025

Theme: Yoga for One Earth, One Health

Special Focus: Clean Gujarat, Obesity-free Gujarat

Venue: Atmiya Vidyalay, Manjalpur, Vadodara

Atmiya Vidyalay celebrated the 11th International Yoga Day with great enthusiasm and energy on 21st June 2025, in line with the global theme "Yoga for One Earth, One Health". The event also supported the state-level mission of "Clean Gujarat, Obesity-Free Gujarat."

The event began with anchoring by students Khusboo Patel (8 A2) and Ansh Patel (7 A2) under the guidance and preparation of Mihir Sir, who also delivered a warm and meaningful welcome speech. His words emphasized the importance of yoga in bringing balance between body and mind, especially in the current fast-paced world.

Following this, a Swamiji's Poojan was performed reverently by Principal Sir, Anand Sir, and the Gents Staff, invoking divine blessings for the event. The atmosphere was further enlightened with the lighting of the ceremonial lamp by the Chief Guest Anand Sir and Principal Sir, symbolizing the light of knowledge and wellness.

A special slideshow presentation showcasing the Yoga Day celebrations of the years 2022 to 2024 was presented, reminding everyone of the journey and progress of Atmiya Vidyalay in promoting yoga among its students.



Over 800 students participated actively, beginning with the soulful Yoga Prayer, followed by a disciplined session of Surya Namaskar and a vibrant yoga performance led by Bharat Sir. The session demonstrated various yoga asanas highlighting the flexibility, coordination, and focus of the students.



To calm the mind and centre the spirit, the event then moved into a session of meditation, allowing all present to experience inner peace and mindfulness.

The celebration concluded with a heartfelt Vote of Thanks delivered by Bharat Sir, expressing gratitude to all dignitaries, participants, teachers, and students for making the event a grand success. The program ended on a patriotic note with the National Anthem, filling the air with pride and unity.

The celebration was a resounding success, reinforcing Atmiya Vidyalay's commitment towards holistic education and promoting a healthy lifestyle among students. The message of yoga as a universal practice for physical, mental, and spiritual well-being was effectively conveyed and embraced by all.



Father's Day Celebration

Date: 16 June 2025, Monday

Venue: Atmiya Vidyalay, Manjalpur, Vadodara

पिता स्वर्गः पिता धर्मः पिता परमकं तपः । पितरि प्रीतिमापन्ने सर्वाः प्रीयन्ति देवताः ॥

My Father is my heaven, my father is my Dharma, he is the ultimate Penance of my life. If he is happy, all deities are pleased.

Atmiya Vidyalay celebrated Father's Day with immense enthusiasm and heartfelt participation from

students, fathers, and staff. The event aimed to honour the significant role fathers play in their children's lives and to foster a strong bond within the school community.

The day began with a special assembly in the school auditorium. The **Principal Mr. Milind Phadke**, sir had emphasized the importance of a father's love, guidance, and support. That was followed by a series of captivating performances by students from various grades.





Highlights of the Celebration Included:

- **Heartfelt Performances:** Younger students delighted their fathers with adorable songs, poems, and short skits dedicated to them. Older students presented fabulous performances, including a poignant drama showcasing the evolution of a father-child relationship and a mesmerizing musical rendition of popular songs celebrating fatherhood.
- Creative Activities: Many classes organized engaging activities for fathers and children to participate
 in together. These included:
 - o" **Know My Child**": As father, we sometimes are so busy taking care of our children that we lose track of some of the details of their lives. This activity will help to make us aware of how much or how little they know about their sons or daughters.
 - o" **Fun-filled Challenges** ": Looking for some fun filled Challenges ideas, these fun challenges are the perfect way to pass the time and connect with father and child. We cover the activities like One-Legged Race and Jump on Hurdles, Folding Bedsheet, Baby Steps Challenge with Child.





o **Interactive Sessions:** Some teachers facilitated open mic sessions where fathers shared their experiences and advice, creating a supportive and inspiring atmosphere. Students also had the opportunity to express their appreciation publicly to their fathers.

• **Token of Love:** Each father received a small, handmade token of appreciation from their child, such as a personalized bookmark or a crafted key-chain, serving as a lasting reminder of the day.





The celebration was a resounding success, filled with joy, laughter, and emotional moments. Fathers were visibly touched by the efforts of their children and the school to acknowledge their invaluable contribution. The event not only strengthened the bond between fathers and their children but also highlighted the school's commitment to nurturing family values.

The positive feedback received from both parents and students underscores the success of the Father's Day celebration, making it a truly memorable day for everyone involved. We look forward to continuing this beautiful tradition in the years to come.

Rathyatra

Date: 27 June 2025, Friday

Venue: Atmiya Vidyalay, Manjalpur, Vadodara

Atmiya Vidyalay celebrated Rathyatra on 27th June 2025 (Friday) with great fervor and spiritual enthusiasm. The occasion brought together students and staff in a vibrant display of devotion, unity, and cultural pride.

The celebration began with a symbolic chariot procession where Grade 2 devotees pulled beautifully decorated chariots, reminiscent of the grand Rath Yatra of Lord Jagannath. The entire atmosphere was filled with devotion as traditional bhajans (songs), prayers, and aarti were performed with heartfelt reverence.





To mark the auspicious day, delicious prasad was distributed among all students and staff, adding joy and sweetness to the divine celebration.

The Rathyatra celebration at Atmiya Vidyalay fostered a strong sense of community and spirituality, while also showcasing the rich cultural heritage of Odisha. The event left a lasting impression on the young minds, encouraging them to stay connected with their cultural and spiritual roots.





Rhyming Competition

Date: 28 June 2025, Saturday

Venue: Atmiya Vidyalay, Manjalpur, Vadodara

A Rhyming Competition was successfully conducted for Grades 1 and 2 at Atmiya Dhaam. The event was aimed at enhancing students' phonemic awareness, confidence, and creativity in a joyful and engaging manner.

The program began with a warm welcome and a brief introduction about the importance of rhymes in early learning. The little participants from both grades came forward with great enthusiasm, presenting their rhymes with expressive actions and clear pronunciation.





Each child made a remarkable effort, and the judges appreciated the confidence and effort of every participant. The competition concluded with words of encouragement from the Principal Sir, who praised the students for their participation and commended the teachers for organizing such a delightful event.

The event was a grand success, leaving both students and teachers with joyful memories and a sense of

accomplishment.



The Famous Personality

"This page reverently dedicated to **Queen of Melody Lata Mangeshkar** in celebration of **21 June as World Music Day**, honouring the timeless power of melody and rhythm that unites hearts across the world."



A young girl, barely a wisp of a thing, stood on a stool, reaching for the microphone. Her name was Hema, but her family, enamoured by the captivating film "Latika," soon began calling her Lata. This was in the bustling streets of Indore, a city in British India, in the early 1930s.

Lata's father, Deenanath Mangeshkar, was more than just a classical singer; he was a guru, a taskmaster, and her first, most profound influence. He believed in rigorous discipline, in the relentless pursuit of perfection. Even as a child, Lata's days were a symphony of scales and ragas, her voice, though tender, holding the promise of something extraordinary. But childhood, for Lata, was fleeting.

Tragedy struck early. Her father passed away when she was just thirteen, leaving a void that felt insurmountable. The weight of responsibility fell heavily on her young shoulders. She was the eldest of five siblings, and the family's financial struggles became a stark reality. To provide, Lata had to shed her shyness and step into the professional world of singing and acting, a world often unforgiving to a young girl.

The initial years were a struggle. Her high-pitched voice, which would later become her signature, was sometimes deemed too thin. There were rejections, criticisms, and the constant pressure to conform. She sang for Marathi films, acted in a few, all while honing her craft, learning from every opportunity, every setback.

Atmiva Vidvalay

Then came Bombay, the city of dreams, and with it, opportunities that would change her destiny. In the late 1940s, music director Ghulam Haider became her champion, recognizing the unique quality in her voice. He saw beyond the conventional, understanding that her "thinness" was, in fact, an ethereal clarity, a purity that could touch the soul. He famously predicted, "In the coming years, people will forget all other singers when they hear Lata."

His prophecy began to unfold. With songs like "Dil Mera Toda" and "Ayega Aanewala," Lata's voice began to permeate the airwaves, enchanting listeners across the subcontinent. Her range was astounding – from the deepest classical ragas to the lightest folk tunes, from soulful ghazals to playful film songs. She could emote every nuance, every sorrow, every joy, every longing with a precision that was breathtaking.

The 1950s and 60s were her golden era, a relentless whirlwind of recordings, concerts, and accolades. She became the voice of every leading lady, her songs defining generations of Indian cinema. Actresses merely lip-synced; it was Lata's voice that truly brought their characters to life, making them weep, rejoice, and fall in love. Her melodies became the soundtrack to millions of lives, etched into the collective memory of a nation.

Beyond the fame, Lata remained a private person, dedicated to her art and her family. She lived a life of quiet dignity, her passion for music undimmed even after decades. She sang for legendary composers, collaborated with the biggest names in the industry, and her voice became synonymous with perfection.

In the later years, as her voice matured, it gained a wisdom, a deeper resonance. She sang less frequently, but each song was an event, a reminder of the unparalleled talent that had graced the world of music. Awards poured in – the Bharat Ratna, India's highest civilian honor, among countless others – solidifying her status as a national treasure.

Lata Mangeshkar, the "Nightingale of India," transcended mere singing. She was an institution, a phenomenon, a voice that carried the emotions of a billion people. Her journey, from a young girl reaching for a microphone to an icon whose melodies resonated across the globe, was a testament to dedication, resilience, and the sheer magic of a voice that truly touched the heavens. Even after her passing, her songs continue to echo, a timeless legacy that will forever enrich the cultural tapestry of India and the world.

Momentous



