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Love Rules the World



CBSE Affiliation Number: 430426 School Number: 11322

Beside Atmiyadham, Nr Avadhoot Railway Crossing

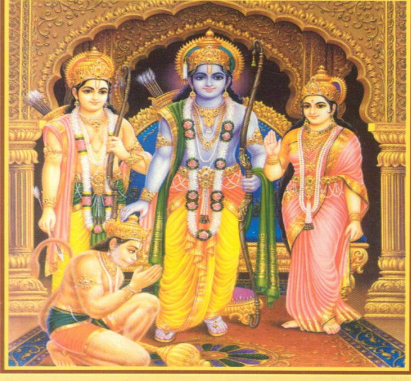
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અમૃત પાન

શ્રી રામચરિતમાનસ સુત્રામૃત

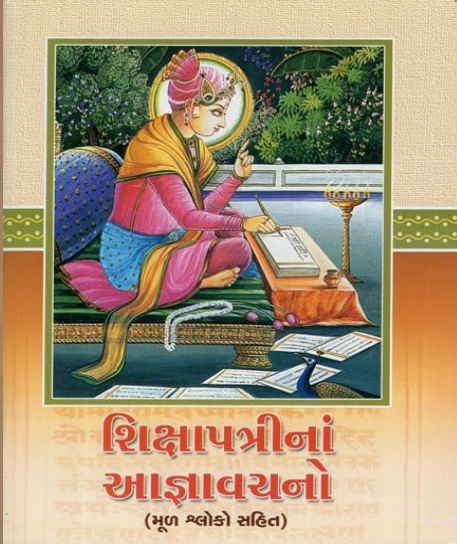
Sri Ram Charit Manas



અનુચિત ડચિત કાજુ કિછુ હોઝ. સમુઝિ કરિઅ ભલ
કહ સબુ કોઝ । સહસા કરિ પાછે પછિતાહીં। કહહિં
બેદ બુધ તે બુધ નાહીં।।

કોઈપણ કામ ઉચિત-અનુચિતનો વિચાર કર્યા પછી
કરવામાં આવે, તો બધાં તેને સારું કહે છે; પરંતુ જે
ઉતાવળમાં કોઈ કામ કરીને પાછળથી પસ્તાય છે,
વેદો અને વિદ્વાનો તેને સમજુ નથી ગણતા.

શિક્ષાપત્રી



પ્રતિભૂત્વા ન કાશ્યપિ કાર્ય ચ પ્રવહરિકે।
ભિક્ષ્યપાદતિક્રમ્ય ન તુ કાર્યમૃણં
ક્વચિત્॥125॥

અને વ્યવહાર કાર્યને વિશે કેનું પણ જમાનગરું ન
કરવું; અને કોઈ આપત્કાળ આવી પડે તો ભિક્ષા
માગીને પોતાનો નિર્વાહ કરીને તે આપત્કાળને
ઉલ્લંઘવો, પણ કોઈનું કરજ તો ક્યારેય ન કરવું.

શ્રીમદ્ ભગવદ્ ગીતા



કર્મણ્યેવાધિકારસ્તે મા ફલેષુ કદાચન। મા
કર્મફલહેતુર્ભૂર્મા તે સઙ્ગોઽસ્ત્વકર્મણિ॥ ૨.૪૭

તને તારું નિયત કર્મ કરવાનો અધિકાર છે પરંતુ
તને તારા કર્મોનાં ફળો પર અધિકાર નથી. તું કદાપિ
પોતાની જાતને પોતાનાં કર્મોનાં ફળોનું કારણ
માનીશ નહિ અને અકર્મણ્ય થવા પ્રત્યે પણ કદી
આસક્ત થઈશ નહિ.

Editorial

The month of August at Atmiya Vidyalay was marked by a series of vibrant events and enriching activities, embodying the school's commitment to holistic education, cultural values, and innovative learning.

The celebrations commenced with **Parenting Day**, focusing on the crucial role of parents in child development. Thoughtful discussions and interactive sessions engaged parents as active partners in their children's educational journey.

In celebration of India's linguistic heritage, **Vishwa Sanskrit Divas** was observed, encouraging students to explore the timeless beauty of the Sanskrit language and reconnect with their cultural roots.

To instill a deep sense of patriotism, the school organized a spirited **Tiranga Yatra**. Students proudly participated in the tricolour rally, marking Independence Day with enthusiasm and respect through a series of patriotic activities.

The atmosphere turned serene during the **Maha Pooja**, which brought a spiritual essence to the campus, allowing students and staff to experience collective prayer and introspection.

In terms of **student activities**, the school prioritized extracurricular engagement. A special **Movie Day** offered recreational time and a chance to relax and bond, while a well-planned **Field Trip** provided students with experiential learning beyond the classroom walls.

Selected students had the privilege to take part in the prestigious **AMICUS Program**, reflecting the school's dedication to student development and external collaboration.

August also brought festive joy with the **Ganpati Celebration**, which featured devotional prayers and vibrant cultural performances, filling the school with festive energy and unity.

In the spirit of healthy competition, the final rounds of **Co-Curricular Activities (CCA)** were held. Students showcased their talents in **Quiz, Drawing, Clay Modelling, Essay Writing**, and the traditional Indian sport of **Kho-Kho**, highlighting their diverse abilities across intellectual, creative, and athletic arenas.

Professional development was equally emphasized. Teachers underwent **training in SETM (Science, Education, Technology, and Mathematics)**, coordinated by subject experts, ensuring that the staff remains aligned with modern teaching methodologies.

Lastly, the **Student Corner** continued to serve as a dynamic platform to celebrate student achievements, creativity, and personal growth stories.

This editorial encapsulates the spirit of August 2025 at Atmiya Vidyalay — a month that reflected a harmonious blend of **tradition and innovation**, fostering a nurturing environment for both students and educators alike.

आत्मीय स्पर्श

Founder	P.P. Hariprasad Swamiji Maharaj
President	P.P. Premswaroop Swamiji Maharaj
Inspiration	P.P. Tyagvallabh Swamiji
Publishing Committee	Teachers



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Parent Partnership Program

Date: 02-08-2025

Venue: Atmiya Vidyalay, Manjalpur, Vadodara

On **2nd August 2025, Saturday**, an insightful and well-organized seminar on **Parenting and Child Development** was conducted in the school auditorium – Atmiya Dham. The event witnessed enthusiastic participation from parents from class three to five, who gathered to understand the evolving challenges and responsibilities of modern-day parenting.

The event began at 8:30 a.m. with the lighting of the lamp by Principal Sir, Shilpa Mam and Parents. This was followed by a Presentation by Principal Sir. Below points were discussed in detail by Principal Sir:

The Presentation began with a focus on the **definition and process of parenting**. As per the presentation, parenting was defined as *“the process or experience provided to a child to build self-esteem, self-worth and a host of traits essential for becoming a good human being.”* The session emphasized that parenting supports and promotes the **physical, emotional, social, intellectual, and spiritual development** of a child from infancy to adulthood.

A significant highlight of the Presentation was the explanation of the **Four Major Parenting Styles**:

- **Authoritative** – Balanced parenting with firm rules and expectations, combined with warmth, understanding, and open communication.
- **Authoritarian** – High expectations with strict rules and less warmth, usually emphasizing obedience and discipline.
- **Permissive** – Lenient parenting with few demands; parents are nurturing but tend to avoid setting boundaries.
- **Neglectful** – Uninvolved and indifferent parenting, providing little guidance, nurturing, or attention.

These parenting styles were categorized based on levels of **responsiveness and demandingness**, helping parents reflect on their approach and its impact on children's overall behavior and development.

The seminar also included a session based on the **New Education Policy 2020**, which states:

"The purpose of the education system is to develop good human beings capable of rational thought and action, possessing compassion and empathy, courage and resilience, scientific temper and creative imagination, with sound ethical moorings and values."

A thought-provoking segment highlighted the **key health-related concerns of modern parents**. According to the data presented, parents expressed worry over issues like:

Bullying and Cyberbullying (34%), Personal Safety (31%)
Screen Time (29%), Drug and Alcohol Use (27%)
Not Enough Exercise (23%), Depression (22%)
Unhealthy Eating (22%), Motor Vehicle Accidents (23%)



These concerns underline the growing complexities children face in today's fast-paced, tech-driven world.



Parents today are highly concerned about issues like cyberbullying (34%), internet safety (30%), stress (28%), and unhealthy habits, highlighting the urgent need for emotional support, digital safety, and health awareness in parenting. These issues were also discussed in detail.

Homework should be age-appropriate, engaging, and aligned with CBSE guidelines—focusing on reinforcing classroom learning without causing stress or excessive burden on students.

The Presentation concluded with a reminder that raising emotionally healthy and ethical individuals requires consistent support from both parents and educators. Attendees left the venue more aware, reflective, and motivated to apply what they had learned in their daily parenting practices.

This was followed by fun filled interactive games organized for parents to encourage active participation, strengthen parent-child bonding, and create a joyful learning environment. Parents thoroughly enjoyed these activities, which brought fun and engagement to the session.

Lastly, feedback from parents - the parents expressed heartfelt appreciation for the seminar, calling it insightful, practical, and much needed in today's fast-paced world. They found the sessions on parenting styles, emotional bonding, and digital safety particularly helpful. Many parents shared that the seminar gave them a fresh perspective on how to better understand and support their children.

The teachers were highly praised for their dedication, warmth, and thoughtful planning of the seminar. Their efforts in creating a welcoming environment and presenting complex topics in an easy-to-understand manner were deeply appreciated by the parents. Their commitment to nurturing not just students but also supporting parents in the learning journey was evident throughout the event.

Overall, the feedback was overwhelmingly positive, with requests for more such sessions in the future.

To conclude, the Parenting Day seminar was a resounding success, fostering stronger connections between the school and parents. It empowered families with valuable insights and practical tools to raise well-rounded children. The event concluded on a cheerful note with refreshments, leaving participants enlightened, appreciated, and eager for more such enriching experiences.

The success of the Parenting Day was a result of the excellent teamwork displayed by the dedicated teachers of Standards 3 to 5, led by **Mrs. Shilpa Musale**. Their collaborative efforts in planning, coordination, and execution ensured that every aspect of the event ran smoothly. Their united spirit and commitment created a warm and meaningful experience for all parents.





Vishva Sanskrit Divas
Date: 06-08-2025
Venue: DEO Office, Vadodara

The Sanskrit Gaurav Yatra was conducted on 6th August 2025 at 9:00 a.m. as per the official invitation extended by the **District Education Officer (DEO)**. The event was graced by the presence of teachers from various schools, including Atmiya Vidyalay, who actively participated in the rally. Members of the Brahmin community, attired in traditional garments, were also gathered at the DEO Office to lend cultural significance to the occasion.

The commencement of the rally was marked from DEO office by the auspicious shankhnaad, after which the procession set forth in all its grandeur. Participants were adorned in Saptarishi attire, and artistic models representing the sacred Vedas and scriptures were exhibited. Throughout the march, melodious chants of mantras and recitations of shlokas were heard, creating an atmosphere of spiritual reverence.

The event was a splendid manifestation of cultural pride, where the richness of our Sanskriti was celebrated and the collective responsibility to safeguard it was emphasized. The unity and dedication displayed during the rally reflected a shared commitment to the preservation and promotion of India's glorious heritage.





Tiranga Yatra

Date : 11-08-2025

Venue : Atmiya Vidyalay, Manjalpur, Vadodara

Atmiya Vidyalay organized a grand Tiranga Yatra on 11/8/25 Monday at 9:10 a.m. sharp, covering the school premises and the surrounding areas. Students from Standard 1 to 12 participated enthusiastically, carrying the National Flag with pride.

The air resonated with patriotic slogans such as "**Bharat Mata Ki Jai**" and other inspiring chants, filling everyone's hearts with a deep sense of love for the nation. The sight of students marching in perfect discipline and unity reflected the spirit of patriotism in its truest form.



The rally not only showcased the students' dedication and respect for the nation but also inspired the local community to cherish and uphold the values of freedom and unity. It was a vibrant and memorable celebration of India's pride — the Tiranga.





Independence Day Celebration
Date : 15-08-2025
Venue : Atmiya Vidyalay, Manjalpur, Vadodara

Atmiya Vidyalay celebrated the 79th Independence Day with great enthusiasm and fervor on August 15, 2025. The event commenced at 8:00 AM and was attended by chief guest, students, parents, teachers and staff members.

Events and Activities

Parade: The day began with a parade, setting the tone for the celebrations.



Chief Guest Escort: The chief guest Param Pujya **Pranesh Swamiji** and Param Pujya **Acharya Swamiji** was escorted to the ceremony, adding to the dignity of the occasion.





Flag Hoisting: The national flag was hoisted, symbolizing the country's independence and sovereignty.

National Anthem: The national anthem was sung, evoking a sense of patriotism among the attendees. **Chief Guest Speech:** The chief guest delivered an inspiring speech, highlighting the significance of Independence Day from our and the country's progress. "Free your soul, don't be a slave to your thoughts."



Dance Performances: Students from Grade 4, 5, and 8 performed patriotic dances, showcasing their talents and enthusiasm. **Speech by Aarti Ma'am :** She delivered a speech, adding to the inspirational tone of the event.



Karate Performance: A karate performance was presented, demonstrating the students' skills and discipline.



Principal's Speech: The principal addressed the gathering, emphasizing the importance of independence and the role of the students in shaping the nation's future and Swachh Bharat Mission. **Vote of Thanks:** The ceremony concluded with a vote of thanks by Bhagyashri mam, expressing gratitude to all involved.



Events were concluded with National Song.

Key Highlights The event was well-organized, with various activities and performances that showcased the students' talents.

The chief guest's speech was well-received, inspiring the audience to work towards a better future. The students' performances, including dances and karate, were impressive and added to the festive atmosphere.

Conclusion The 79th Independence Day celebration at Atmiya Vidyalay was a grand success, with students, teachers, and staff coming together to commemorate this significant occasion. The event served as a reminder of the country's rich history and the importance of preserving its independence and unity.

Acknowledgments

We would like to extend our gratitude to the principal, teachers, staff, and students for their efforts in making this event a success. We also appreciate the support of the chief guest and the parents who attended the celebration.



મહાપૂજા
તારીખ: 18 ઓગસ્ટ 2025
સ્થળ: આત્મીય વિદ્યાલય

18 ઓગસ્ટ 2025ના રોજ સવારે 9:00 વાગ્યે અમારી શાળામાં પરમ પૂજ્ય પ્રાણેશ સ્વામીજીની પવિત્ર ઉપસ્થિતિમાં મહાપૂજાનું આયોજન કરવામાં આવ્યું હતું. તમામ શિક્ષકો અને વિદ્યાર્થીઓ આ ખાસ પ્રાર્થનામાં જોડાયા હતા.

આ મહાપૂજાનો મુખ્ય હેતુ હતો:

- વિદ્યાર્થીઓના સારા અભ્યાસ અને સફળતા માટે આશીર્વાદ મેળવવો.
- શિક્ષકો, વિદ્યાર્થીઓ અને વાલીઓના સારા આરોગ્ય માટે પ્રાર્થના કરવી.
- સમગ્ર સમાજમાં સુખ, શાંતિ અને સમૃદ્ધિ રહે તેવી પ્રાર્થના કરવી.



સ્વામીજીએ સૌને સારા સંસ્કાર, સકારાત્મક વિચાર, મહેનત અને વડીલો પ્રત્યે આદર રાખવાની સરળ અને પ્રેરણાદાયક વાતો કહી. વિદ્યાર્થીઓને સારા અભ્યાસ સાથે સદાચાર અને નૈતિક મૂલ્યો વિકસાવવા પ્રોત્સાહિત કરવામાં આવ્યા.



આ કાર્યક્રમ એક પ્રકારના આશીર્વાદ દિવસ તરીકે ઉજવાયો, જેમાં સૌના કલ્યાણ માટે પ્રાર્થનાઓ કરવામાં આવી. આ પ્રસંગ **CBSE** દ્વારા પ્રોત્સાહિત મૂલ્ય શિક્ષણ, સકારાત્મકતા અને સમાજ નિર્માણ જેવા હેતુઓને સમર્થન આપે છે.



મહાપૂજાએ સમગ્ર શાળામાં શાંતિ, આનંદ અને એકતાનું વાતાવરણ સર્જ્યું. શિક્ષકો, વિદ્યાર્થીઓ અને વાલીઓએ પ્રેરણા મેળવી કે સૌ સાથે મળીને જ્ઞાન, આરોગ્ય અને ખુશહાલ જીવન માટે પ્રયત્ન કરે.





Movie Screening

Date: 22 & 27-08-2025

Venue: EVA Mall, Manjalpur, Vadodara



Students of Classes 3 to 12 along with teachers are participants. The educational movie outing organized by the school was a memorable event filled with learning, entertainment, and bonding. Students were taken to watch the movie Narsimha, which provided both moral lessons and enjoyable experiences.

1. Students arrived directly to the venue with their parents, at 7'o 'clock.

2. Purpose of Movie

- * To provide students with an enriching experience outside the classroom.
- * To help them understand moral values, bravery, and the importance of standing for truth.
- * To encourage learning through visual storytelling and teamwork.

3. Screening of the Movie

- * Students watched Narsimha attentively.
- * Teachers guided them to note the moral aspects and social values shown in the movie.



4. Impact of the Movie on Students

- * The movie created awareness about courage, unity, and the power of truth.
- * Students were inspired by the positive values portrayed.
- * It encouraged discussions among students about good vs. evil.

5. Mall Support

- *The mall management provided excellent cooperation in organizing the screening.
- *Proper seating, sound, and safety arrangements were ensured.

6. Parents' Support

- *Parents extended their full support by sending consent and encouraging participation.

- *They appreciated the initiative of combining entertainment with value-based learning.



7. Timings

- * Arrived at venue: 7:00 am
- * Movie screening: 7:10 am – 10:15 am
- * Return to school: 10:30 am





Kindergarten Field Trip

Date: 23-08-2025

Venue: Reliance Mall , Manjalpur, Vadodara

Our Kindergarten students went on an exciting educational field trip to **Reliance Mall**. The objective of the trip was to provide children with practical learning about shopping, healthy food habits, and social behavior in public places. The children were enthusiastic and full of joy as they boarded the vans with their teachers.



Exploration at the Mall

Upon arrival at Reliance Mall, the students were warmly welcomed by the staff. Teachers guided the children through different sections of the mall.

Grocery Section: Children observed fruits, vegetables, and essential grocery items. They learned about fresh and healthy choices.

Bakery & Food Section: The aroma of cakes and breads made the children curious about baked products.

Teachers explained how billing counters work and the importance of waiting patiently in queues.

Learning Outcomes

Through this visit, children learned:

- How shopping is done in an organized way.
- The value of fresh and healthy food.
- Good manners and discipline in public places.
- To identify different sections of a mall.





Ganpati Celebration

Date: 27-08-2025

Venue: Atmiya Vidyalay, Manjalpur, Vadodara

Bappa's Aagman

Our school celebrated Ganesh Chaturthi with great enthusiasm and fervour. The festival was observed for five days, during which students, teachers, and staff came together to worship Lord Ganesha. Bappa's Aagman, a grand celebration marking the arrival of Lord Ganesha, took place on August 27, 2025.



Competitions and Activities

The school organized various activities including:- Modak Making, drawing etc. Students learned about the significance of Modak, Lord Ganesha's favourite sweet, and participated in Ganesh Idol making competition.

Environmental Awareness

The school emphasized the importance of environmental protection by encouraging students to create eco-friendly Ganesh idols using clay or biodegradable materials.

Kirtan Aaradhana

On 30.08.2025, our school conducted a Kirtan Aaradhana event, which was a resounding success. The event aimed to promote spiritual growth, cultural awareness and community bonding through devotional singing and chanting.

Eco-Friendly Visarjan: Ganpati Visarjan, the grand farewell to Lord Ganesha, marks the culmination of the 10-day Ganesh Chaturthi celebration. This year, the Visarjan was held on Sunday, August 31, 2025. The eco-friendly Ganesh Visarjan celebration was a success, demonstrating our commitment to environmental sustainability and community engagement. We look forward to continuing these efforts in future celebrations.

Community Building The celebration fostered a sense of community among students, teachers, and staff. It provided an opportunity for students to learn about Indian culture, history, and mythology. Overall, the Ganesh Chaturthi celebration was a resounding success, promoting cultural awareness, creativity, and community spirit amongst students.





YUVA Conclave 2025
Date: 26-08-2025
Venue: AMICUS International School

The students of Atmiya Vidyalaya participated in the YUVA Conclave 2025 organized by IPN Foundation, where nearly 42 schools from all over Gujarat showcased their talent and ideas. In the first round, the Atmiya Vidyalaya team presented a well-articulated and insightful submission, which earned them a place in the Regional Finale – Vadodara Round. This was a moment of pride for the school, as the team qualified among several reputed institutions of the state.

The Regional Finale was held on Tuesday, 26th August 2025 at Amicus International School, Vadodara. The students were required to deliver a 5-minute live presentation on topics of contemporary relevance, such as AI in learning, privacy vs security, sustainable innovation, and more.

The team from Atmiya Vidyalaya gave their best effort in Round 2 with a thoughtful presentation, demonstrating confidence, teamwork, and analytical thinking. Although the team could not qualify for the Final Round (Round 3), their participation at this prestigious platform was a valuable learning experience.





STEM Workshop

Date: 30-08-2025

Venue: Delhi Public School, Kalali, Vadodara

We, Miss. Divya A Patel and Miss. Shilpa K Bhujbal sincerely thank the Principal of Atmiya Vidyalay for giving us the opportunity to participate in the workshop for professional development titled “CBSE STEM WORKSHOP” organized by Delhi Public School, Kalali, Vadodara on 30 August 2025, Saturday. The workshop commenced promptly with an inaugural session, followed by a series of interactive and informative sessions throughout the day.

Key Takeaways:

- Calculating BMR helps to determine what number of calories students should be eating in order to maintain the weight, lose weight or even gain weight and to determine their body weight status, classifying students as underweight, normal, overweight or obese.
- Understands the role of Dopamine, Serotonin in cognition and balance of Dopamine Vs Serotonin especially important for teenagers to acting quickly for rewards and thinking for long term outcomes and the effect of obesity on teenage brain.

Session 2: "Enhanced Competencies and 21st Century Skills" was led by Dr. Rajnikant Makwana from the Department of Physics. The nuclear energy workshop provided a comprehensive overview of the current state of nuclear energy and its potential for future growth. The workshop covered various topics, including introduction of scientist according to first invention of electrons, different rays such as X-ray, Gamma ray etc. Generation wise upgradation of Nuclear power plant, Renewable energy sources, India's three stage nuclear power plant programmed, Nuclear power generation in India, Working principle of nuclear batteries, Advantage of fusion over fission, Recent innovations related nuclear power plant, Safety and environment impact.

Key Takeaways:

- Nuclear batteries are a powerful solution for nice energy needs because in fusion the fuel is hydrogen isotopes deuterium and tritium which are easily available. Decades of safe and reliable performance
- Innovation is making nuclear power plant smaller, safer and more efficient for example SMR.

The expert-led discussion on STEM education was a valuable experience for teachers, providing them with insights and strategies to enhance their teaching practices. The event demonstrated the school's commitment to innovative education and teacher development.



CCA Activity (Co-Curricular Activities)

Date: 23 & 30-08-2025

Venue: Atmiya Vidyalay, Manjalpur, Vadodara



In school, co-curricular activities (CCAs) are programs and activities that take place outside of the regular academic curriculum. They are an essential part of a student's holistic development, helping them to explore their interests and talents. CCAs can include a wide range of options, such as sports, music, drama, debate clubs, and community service. These activities help students develop key skills like teamwork, leadership, and time management, while also boosting their self-confidence and providing a platform for creativity and personal growth.



Student Corner



Computer
Project

