

आत्मीय स्पर्श



School Monthly Magazine

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સ્વામિજીજી

ગુરુદરિ સ્વામીજીના જાલા ભૂલકાંની સેવામાં —

પરીક્ષા નજીક આવી રહી છે. આપ સુ તેની ચિંતામાં લશો જ પણ ગુરુદરિ સ્વામીજીએ આપણ સમુદાયને આશા જ કરી છે કે નકુલનું નવું સત્ર ચાલુ થાય અને દિવસથી જ આપણે ખૂબ જ ધ્યાન રાખી નિયમિત અભ્યાસ કરવો જોઈએ, એ આશા આપે એટલે પાળો જ લશો અને રોજ સવાર - સાંજ ૧૦ - ૧૦ મિનિટ ગુરુદરિની સ્મૃતિ સાથે 'સ્વામિનારાયણ' મંત્રનો જાપ કર્યો લશો જ..

તો લલે પરીક્ષા અંગેની ચિંતા છોડીને કોઈપણ પ્રકારના જેમન લગત બધા જ વિષયોનું વીલીગ્ન સારી રીતે ફરજીજી...

— પરીક્ષા આપણ બધા ત્યારે પણ સવારે ઘૂમ ફરજીજી --

— પ્રજ્ઞાપત્ર લખમાં આપણે ત્યારે ગુરુદરિને સંતોષીને પ્રાર્થના કરશો કે, 'હે મહારાજ! હે સ્વામિ! આપણ અને જવાબ લખવાની પ્રેરણા ફરજીજી, આપ સોગમ જવાબ લખાવજો.'

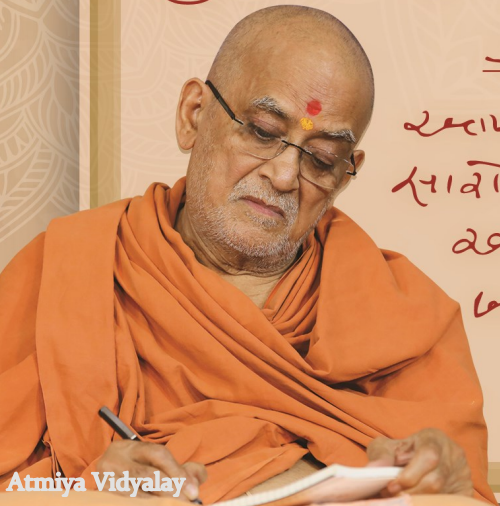
આ પ્રાર્થના પછી એક મિનિટ મારે 'સ્વામિનારાયણ' મંત્ર નો જાપ મનમાં ફીકે પછી શાંતીથી પ્રજ્ઞાપત્ર લખીને જે જવાબ સારામાં સ્વચ્છ રીતે લખી શકો તે લખવાની શરૂઆત ફરજીજી.

ઉદાહરણ મોજ ખૂબ જ અમલક લાગે - લાંબેલુ કાંઈના પુછાણું લાગે તો પછી અંચમાત્ર ચિંતા ફક્ત લગત ફરજીજી એક મિનિટ મારે ગુરુદરિની સ્મૃતિ સાથે ભજન કરી મહારાજ જે પ્રેરણા પ્રેરે તે લખજો.

પુત્રુ આપણને સલાહ કરશે જ...

આપ સમુદાયને મહારાજ - સ્વામિ આજે ગુરુદરિ સારો અભ્યાસ ફરજીજી ખૂબ ખૂબ લખ આપ આજે આપ સમુદાયમાલા-પિલા આજે ગુરુદરિનું ગૌરવ બનાવે અને જ અંતરની પ્રાર્થના!

અને જ ભૂલકું સુધુ પ્રેમસરપદાસજી
જય શ્રી સ્વામિનારાયણ





Love Rules the World



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आत्मीय स्पर्श

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Sr.No.	Content	Page No.
1	Editorial	5
2	Annual Function Atmiya Aarambha	6
3	Annual Function Atmiya Spandan	8
4	Annual Function Atmiya Sankalp	10
5	Maha Kumbha	12
6	Uttarayan Mahatva	14
7	26 January Celebration	15
8	Health and Wellness of Students	16
9	Science Enrichment Activities	17
10	Student's Corner	18
11	The Famous Personalities	21



Editorial

ATMIYA VIDYALAY

Dear Students, Parents and Well-Wishers !

As we step into a new month, we are filled with a sense of excitement and anticipation.

The past month has seen our students excel in various cultural activities. We have witnessed exceptional performances and a demonstration of the school's values in action.

This month's issue of our school magazine celebrates the ATMIYA AARAMBH (Nursery to Grade 2), ATMIYA SPANDAN(Grade 3 to Grade 5) and ATMIYA SANKALP (Grade 6 to 9 & 11) that defines the culture of the school and showcases the best of our school.

Through this magazine ,we would like to thank our parents for their support , cooperation and appreciative words. Looking forward for more..

As we continue on our journey of learning and growth, we remain committed to our mission of providing a holistic education that nurtures the minds, hearts, and spirits of our students.

We hope you enjoy this issue of our school magazine!

Year-End Fiesta / Rhythms of Achievement: Annual Gala

Annual Function – Atmiya Aarambha

Date: 04-01-2025

Title: Annual Function – Atmiya Aarambha (KG to Grade 2)

Venue: Atmiya Vidyalaya, Manjalpur, Vadodara

Introduction

The Annual Function of Atmiya Vidyalaya (KG to Grade 2) was held on 4th January 2025 at Atmiyadham. This beautiful phrase, which translates to 'a soulful beginning,' perfectly captured the essence of what brought us together that evening—a celebration of togetherness, new beginnings, and the magic of childhood.

The event was a grand success, marked by the enthusiastic participation of students, staff, and parents. The theme of this year's function, Atmiya Aarambh, reflected the spirit of creativity, collaboration, and celebration.



Objective of the Event

The Annual Function aimed to provide a platform for young students to showcase their talents and develop their confidence, teamwork, and stage presence. The event also served as an opportunity for parents to witness their children's growth and achievements in various co-curricular activities.



Highlights of the Event

Cultural Performances: The event featured anchoring, vibrant dances, melodious songs, and engaging skits, all performed by the tiny tots of KG to Grade 2.

The event also featured thought-provoking speeches by our esteemed Chief Guest, Mr. Diptesh Vijay Kadam, *our Guest of Honour, Shri Swastik Didi*, along with a motivational address *by Dr. Jyoti Sharma Madam*. The Principal of Atmiya Vidyalaya also addressed the audience, highlighting the importance of holistic development and encouraging students to participate in extracurricular activities.



Parental Engagement: Parents actively participated in the event, cheering for their children and appreciating the efforts of the school.

Grand Finale: The program concluded with a spectacular group performance followed by a heartfelt vote of thanks.



Conclusion

The Annual Function 2025 was a memorable event that showcased the talents of the young students while fostering a sense of unity and joy among the school community. The event successfully embodied the vision of Atmiya Vidyalaya in nurturing students beyond academics. The enthusiastic participation and support from students, parents, and teachers made it a truly remarkable celebration.

Year-End Fiesta / Rhythms of Achievement: Annual Gala

Annual Function – Atmiya Spandan

Date: 07-01-2025

Title: Annual Function – Atmiya Spandan(Grade 3 to Grade 5)

Venue: Atmiya Vidyalaya, Manjalpur, Vadodara

Introduction

The Annual Function of Atmiya Vidyalaya (Grade 3 to Grade 5) was held on 7th January 2025 at Atmiyadham. The event was a grand success and provided a platform for students to showcase their talents, achievements, and progress made throughout the year. The function was graced by the presence of the Chief Guest, Mrs. Alpana Mathur, along with the Principal, trustees, teachers, students, and parents.



Objective of the Event

The main objective of the event was to celebrate the students' hard work and creativity while fostering a sense of confidence and teamwork among them. It also served as a medium to highlight the progress and achievements of the students in various academic and extracurricular fields.



Highlights of the Event

Cultural Performances: Students presented dances, songs, and skits, reflecting the theme Atmiya Span-dan, which emphasized passion, energy, and unity.

Speech by the Chief Guest: Mrs. Alpana Mathur inspired students and parents with her encouraging words, highlighting the importance of education and extracurricular activities in shaping young minds.



Parental Involvement: Parents actively participated in the event, appreciating the efforts of their children and the school.

Grand Finale: The event concluded with a vote of thanks, expressing gratitude to the students, teachers, parents, and guests for making the event a huge success.



Conclusion

The Annual Function 2025 was a joyous and memorable occasion, leaving behind a sense of pride and accomplishment for the entire school community. It successfully celebrated the spirit of Atmiya Vidyalaya, encouraging students to strive for excellence in all aspects of life. The enthusiastic participation and overwhelming support from students, parents, and teachers made this event a truly remarkable one.

Year-End Fiesta / Rhythms of Achievement: Annual Gala Annual Function – Atmiya Sankalp

Date: 07-01-2025

Title: Annual Function – Atmiya Sankalp(Grade 6 to 9 & Grade 11)

Venue: Atmiya Vidyalaya, Manjalpur, Vadodara

Atmiya Vidyalaya celebrated its Annual Function on 11th January 2025 with great enthusiasm. The event was graced by the presence of our esteemed chief guest, who thoroughly enjoyed the program. Students from Grades 6 to 9 & 11 showcased their talents through various performances centered around the theme of Youth Empowerment.

A motivational speech by our Chief Guest, Tyag Vallabh Swami. It was truly inspiring and filled with profound wisdom.



The performances included a mix of dance and singing, highlighting the importance of youth in shaping the future. The chief guest emphasized the role of young individuals in nation-building and encouraged them to remain dedicated to the progress of the country.



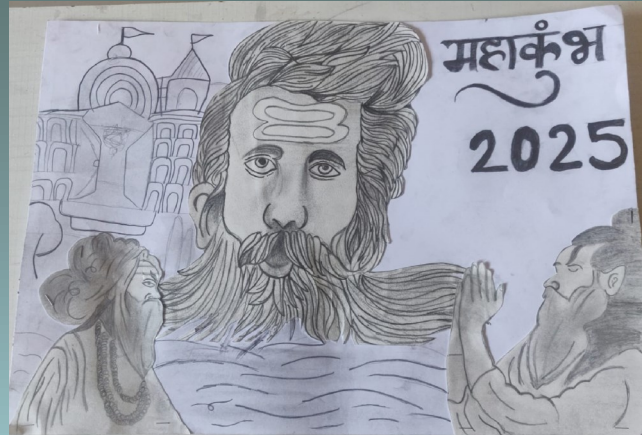
The audience was captivated by the diverse dance forms presented during the event. Each performance received enthusiastic applause, making the event a memorable one. The function successfully conveyed the message of youth empowerment while providing an engaging and entertaining experience for all attendees.

The event concluded on a high note, leaving everyone inspired and motivated.

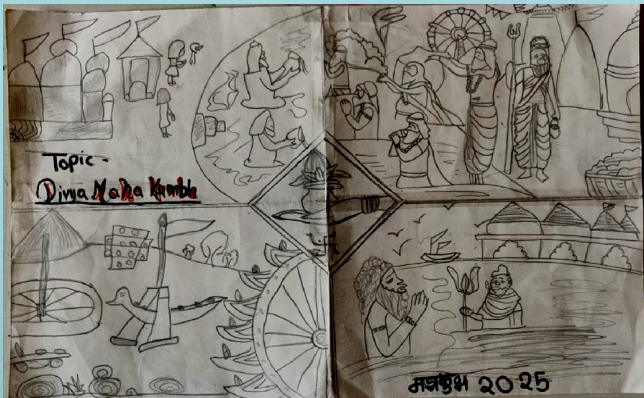


महाकुंभमेला

कुम्भ मेला भारत में आयोजित होने वाला एक विशाल मेला है, जिसमें करोड़ों श्रद्धालु हर बारहवें वर्ष प्रयाग, हरिद्वार, उज्जैन और नासिक में से किसी एक स्थान पर एकत्र होते हैं और नदी में पवित्र स्नान करते हैं। प्रत्येक १२वें वर्ष के अतिरिक्त प्रयाग में दो कुम्भ पर्वों के बीच छह वर्ष के अन्तराल में अर्धकुम्भ भी होता है; २०१३ के कुंभ के बाद २०१९ में प्रयाग में अर्धकुम्भ मेले का आयोजन हुआ था और अब २०२५ में पुनः कुंभ मेले का आयोजन हो रहा है।



ज्योतिषीय गणनाओं के अनुसार यह मेला पौष पूर्णिमा के दिन आरंभ होता है और मकर संक्रान्ति इसका विशेष ज्योतिषीय पर्व होता है, जब सूर्य और चन्द्रमा, वृश्चिक राशि में और वृहस्पति, मेष राशि में प्रवेश करते हैं। मकर संक्रान्ति के होने वाले इस योग को "कुम्भ स्नान-योग" कहते हैं और इस दिन को विशेष मंगलकारी माना जाता है, क्योंकि ऐसा माना जाता है कि इस दिन पृथ्वी से उच्च लोकों के द्वार इस दिन खुलते हैं और इस प्रकार इस दिन स्नान करने से आत्मा को उच्च लोकों की प्राप्ति सहजता से हो जाती है।



यहाँ स्नान करना साक्षात् स्वर्ग दर्शन माना जाता है। 'कुम्भ' का शाब्दिक अर्थ "घड़ा, सुराही, बर्तन" है। यह वैदिक ग्रन्थों में पाया जाता है। इसका अर्थ, अक्सर पानी के विषय में या पौराणिक कथाओं में अमरता (अमृत) के बारे में बताया जाता है। मेला शब्द का अर्थ है, किसी एक स्थान पर मिलना, एक साथ चलना, सभा में या फिर विशेष रूप से सामुदायिक उत्सव में उपस्थित होना। यह शब्द ऋग्वेद और अन्य प्राचीन हिन्दू ग्रन्थों में भी पाया जाता है। इस प्रकार, कुम्भ मेले का अर्थ है "अमरत्व का मेला" है।



कुंभ मेला राष्ट्रीय चित्रकला प्रतियोगिता

Date: 28-01-2025

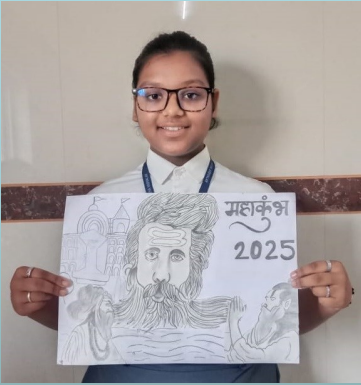
Venue: Atmiya Vidyalaya, Manjalpur, Vadodara

परिचय

28 जनवरी, 2025 को आत्मीय विद्यालय में स्कूली शिक्षा और साक्षरता विभाग, शिक्षा मंत्रालय, रचनात्मकता के माध्यम से सांस्कृतिक विविधता, औपचारिक परंपराओं और अनुष्ठानों को बढ़ावा देकर महाकुंभ मेला 2025 का जश्न मनाने के लिए कक्षा 6 से 8 के छात्रों के लिए एक ड्राइंग और पेंटिंग प्रतियोगिता का आयोजन किया गया था।

उद्देश्य

रचनात्मकता और संस्कृति को प्रोत्साहित करना यह पहल छात्रों के लिए भारत की समृद्ध सांस्कृतिक विरासत से जुड़ते हुए रचनात्मक रूप से जुड़ने का एक उत्कृष्ट अवसर है। छात्रों और शिक्षकों को सक्रिय रूप से भाग लेने और इस मंच का अधिकतम लाभ उठाने के लिए प्रोत्साहित किया गया था। प्रतियोगिता का प्राथमिक उद्देश्य छात्रों को 'सृजन की देखभाल' और 'शांति' जैसे विषयों पर अपनी रचनात्मकता और कलात्मक दृष्टि व्यक्त करने के लिए एक मंच प्रदान करना था। न्यायाधीशों के एक सम्मानित पैनल ने निष्पक्ष प्रतिस्पर्धा सुनिश्चित करते हुए कलाकृति का मूल्यांकन किया। ड्राइंग प्रतियोगिता ने न केवल कलात्मक अभिव्यक्ति के लिए जगह प्रदान की और सहयोग की भावना को भी बढ़ावा दिया।



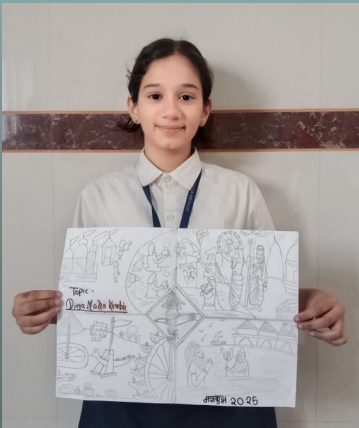
Astha Patel VII A2



Hetvi Patel VIII A2



Krut Patel VI A2



Payal Thanki VII A2



Krutarth Patel VIII A1



Saumya Patel VIII A2

ઉત્તરાયણનું મહત્વ

પ્રાચીનકાળથી સૂર્ય ઉપાસનાનું મહત્વ રહેલું છે. વિશ્વના સૌથી પ્રાચીન ગ્રંથ ગણાતા ઋગ્વેદમાં સૂર્ય માટે 'પતંગ' શબ્દ વપરાયો છે. આર્યો સૂર્યની પ્રાચીન કાળથી ઉપાસના કરતા હતા. વૈદિકકાળમાં સૂર્યને લગતા અનેક મંત્રો પણ પ્રાપ્ત થાય છે. પ્રાચીન ગ્રંથો મુજબ સૂર્ય પાસે કલ્યાણ થાય તથા અમંગલ, દરિદ્રતા અને રોગ દૂર થાય તેવી માંગણી કરવામાં આવી છે. સંક્રાંતિ એટલે ગતિ, એક સ્થાનમાંથી બીજા સ્થાનમાં પ્રવેશ કરવો તે. આ દિવસે સૂર્ય ધનુરાશિમાંથી વિદાય લઈ મકરાશિમાં પ્રવેશ કરે છે. એટલે 'મકરસંક્રાંતિ' તરીકે ઓળખાય છે. આ દિવસથી સૂર્ય ઉત્તર તરફ સહેજ ગતિ કરે છે. ઉત્તર તરફ નમે છે. એટલે 'ઉત્તરાયણ' પણ કહેવાય છે. સમગ્ર ભારત વર્ષમાં મકરસંક્રાંતિ પર્વ અનેકવિધ રીતે ઉજવાય છે. દર વર્ષે ૧૪ મી જાન્યુઆરીના દિવસને ગુજરાતમાં મકરસંક્રાંતિ અથવા 'ઉત્તરાયણ' તરીકે ઓળખવામાં છે. મહારાષ્ટ્રમાં મકરસંક્રાંતિ, પંજાબ-હરિયાણામાં લોરી, તામિલનાડુમાં પોંગલ, આંધ્રપ્રદેશ અને કર્ણાટકમાં સંક્રાંતિ તરીકે ઓળખાય છે.

મકરસંક્રાંતિનો સમય પરિવર્તનનો, જુનું અને નવું અપનાવવાનો સમય છે. ગુજરાતમાં આ સમયે છડેલા ધાન્યની અને તલની મિઠાઈઓ, ખાદ્ય પદાર્થો બનાવી અને દાન કરવામાં આવે છે. ગુજરાતમાં આ દિવસે ઘઉં, બાજરી કે જુવારને છડીને તેનો ખીચડો બનાવવામાં આવે છે, બહેન-દિકરી તથા અન્ય લોકોને ખીચડો ખવડાવવાથી પુણ્ય મળે છે તેવી માન્યતા ગુજરાતીઓમાં પ્રવર્તે છે આ ઉપરાંત ઘઉંની ધુધરી કરીને ગાયોને ખવડાવવામાં આવે છે. ગુજરાત રાજ્ય તેની સાંસ્કૃતિક વિવિધતા અને તહેવારો માટે જાણીતું છે. આમ ઉત્તરાયણ એ બધા લોકો માટે મહત્વનાં તહેવારોમાંનો એક છે. આ એક હળીમળીને સંયુક્ત રીતે આનંદ માણવાનો તહેવાર છે. લોકો આખો દિવસ પોતાની પતંગ ઉડાડવાની કલાનું અન્ય ઉડતી પતંગોને કાપીને પ્રદર્શન કરે છે. રાત્રે પણ આ ક્રમ આનંદભરે ચાલતો રહે છે. શોખીનો રાત્રે કાળા અંધારા આકાશમાં સફેદ પતંગો અથવા પતંગ સાથે બાંધીને 'ફાનસ'(કાગળનો દિવો) ઉડાડે છે જેને અમદાવાદમાં 'ટુક્કલ' તરીકે ઓળખવામાં આવે છે. ઉત્તરાયણનો બીજો દિવસ 'વાસી ખીહર' તરીકે મનાવાય છે. આમ, સતત બે દિવસ આ આનંદમય તહેવારની ઉજવણી ચાલે છે.

ઉત્તરાયણ પર ઘણા મેળાઓ યોજાય છે, ખુબ જ પ્રખ્યાત એવો 'કુંભમેળો' છે જે દરબાર વર્ષે હરિદ્વાર, પ્રયાગરાજ, ઉજ્જૈન અને નાસિક આ ચાર જગ્યાએ વારાફરતી યોજાય છે. માઘ મેળો કે મીની કુંભ મેળો દર વર્ષે પ્રયાગમાં અને ગંગાસાગર મેળો કલકત્તા નજીક ગંગા નદી જ્યાં બંગાળના ઉપસાગરને મળે છે, ત્યાં યોજાય છે.

Republic Day Celebration

Date: 26-01-2025

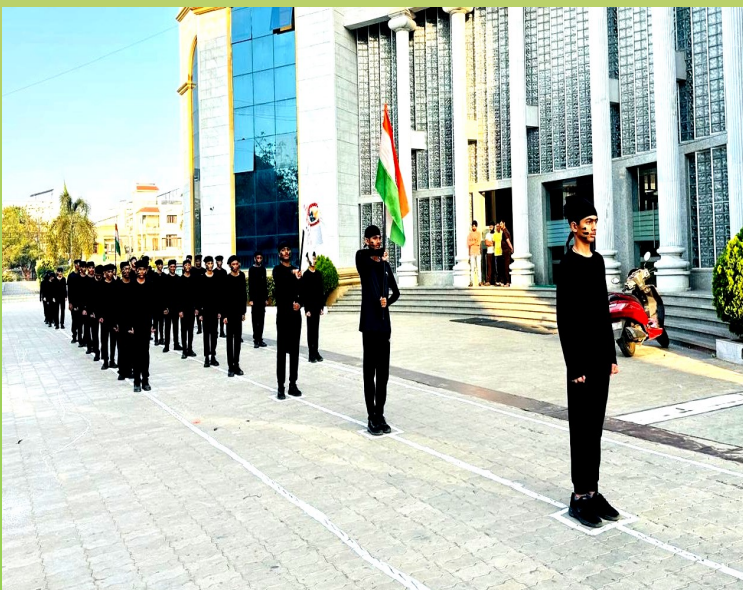
Title: 76th Republic Day

Venue: Atmiya Vidyalaya, Manjalpur, Vadodara

The 76th Republic Day was celebrated with great enthusiasm and patriotic fervor in our school on 26th January 2025. The entire campus was adorned with tricolor decorations, creating a vibrant and patriotic atmosphere.



The event commenced with the hoisting of the national flag by the chief guest, followed by the national anthem, which filled everyone with a sense of pride and unity. A series of cultural performances, including patriotic songs, dances, and skits, showcased the rich heritage and diversity of India. The students also presented speeches highlighting the significance of the Constitution and the values of democracy, justice, and equality.



The celebration concluded with a vote of thanks and the distribution of sweets among the students. The event instilled a deep sense of patriotism and respect for the nation in everyone present.

Health and Wellness of Students

Date: 27-01-2025

Title: Medical Health Checkup

Venue: Atmiya Vidyalaya, Manjalpur, Vadodara



Space Tech And Automation Workshop By Robo Plus

Date: 30-01-2025

Venue: Atmiya Vidyalaya, Manjalpur, Vadodara

A workshop on "Space Tech and Automation" was organized on 30th January 2025 by ROBO Plus, Bhavnagar, under the guidance of Ms. Darshna Rana. The session aimed to introduce students to the fundamentals of space technology, automation in space missions, and the advancements made by ISRO in this field. A total of 33 students, ranging from classes 1 to 12, participated in this highly engaging and informative session.

Workshop Activities

The workshop consisted of the following key components:

1. PPT Presentation:

The session began with an informative PowerPoint presentation covering the basics of space technology, the role of automation, and India's contributions to space exploration.

2. Hands-on Activity: Building ISRO Models:

Students actively engaged in constructing models of key ISRO missions, including

Chandrayaan Model : Rocket 6 SLV MK III , Orbiter, Lander Vikram, Rover Pragyan

3. VR Image Demonstration:

A 3D visualization of the solar system was presented using a VR application, giving students an immersive experience of space exploration.



4. Mission Mangal Video Screening:

To further inspire students, a video on India's Mars Mission, Mangalyaan, was showcased, highlighting the challenges and achievements of ISRO's Mars Orbiter Mission (MOM).

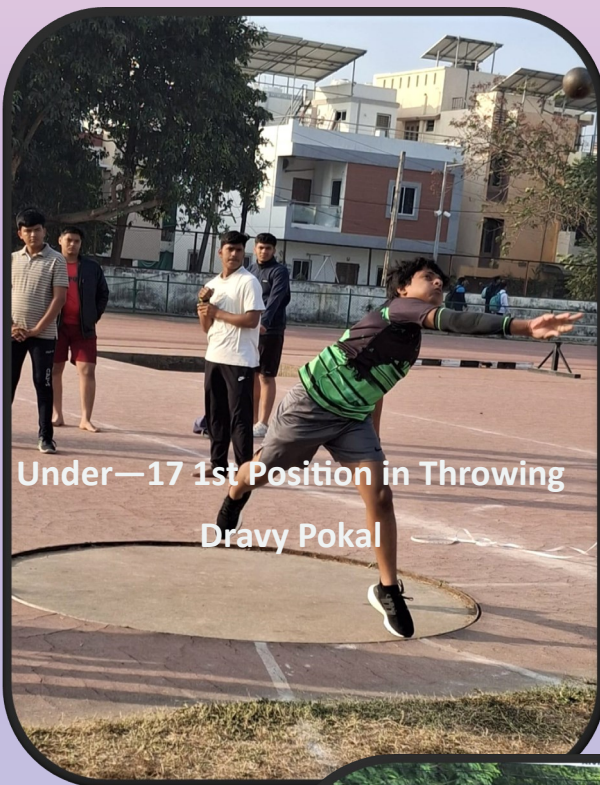
Key Takeaways:

- The session provided a deeper understanding of space technology and ISRO's achievements.
- Hands-on activities enabled students to develop practical knowledge and teamwork skills.
- VR demonstrations enhanced students' learning experiences by providing a realistic visualization space. The event fostered curiosity and interest in space science among young learners.

Conclusion

The workshop was a great success, offering students a unique opportunity to learn about space exploration and robotics through interactive methods. The engaging activities and expert guidance by Ms. Darshna Rana made the session highly educational and enjoyable. Students expressed keen interest in participating in similar workshops in the future.

Students' Corner



Under—17 1st Position in Throwing
Dravy Pokal



Under—17 2nd Position in Athletics (100M)
Running Om Patel



U -17 Khel mahakumbh Zone Level Champi-
ons Atmiya Volleyball team

Students' Corner

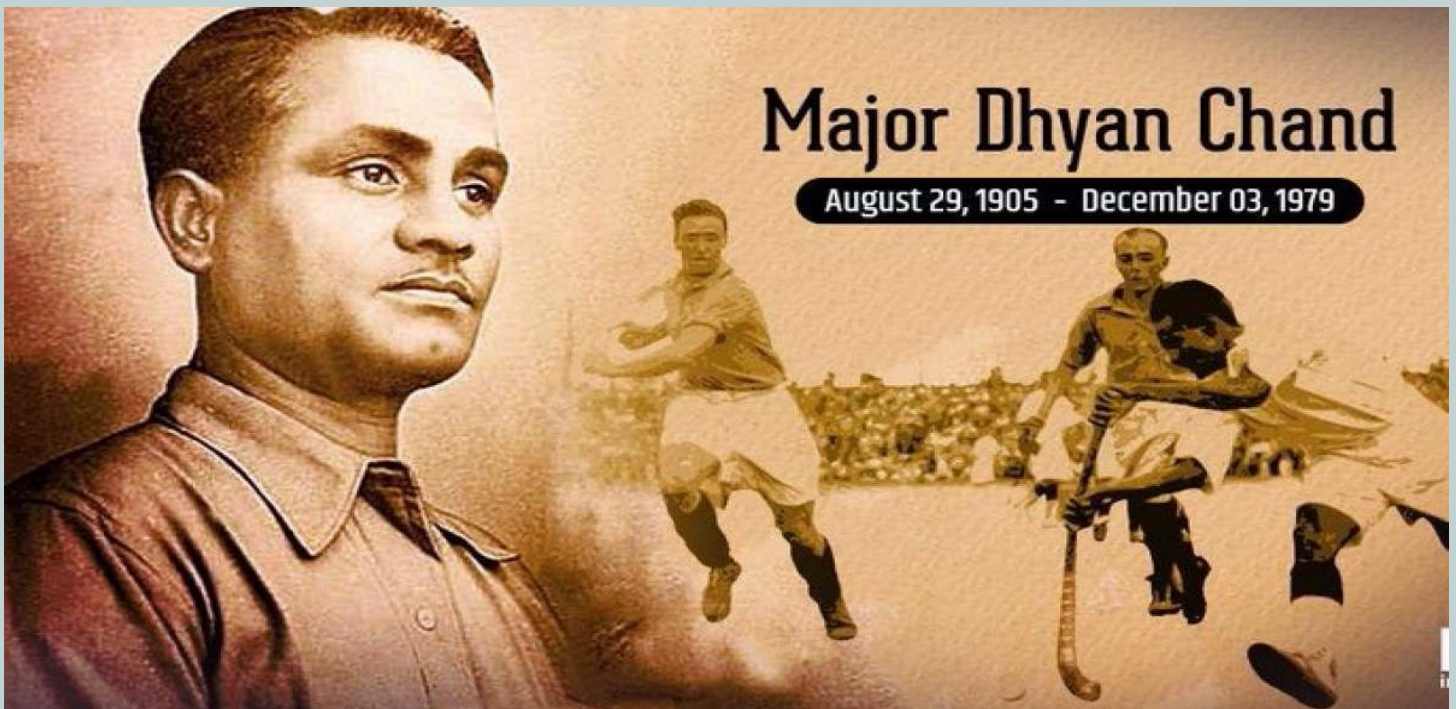


Sansad Khel Spardha 2023-24



The Famous Personalities

The Hockey Wizard: Major Dhyan Chand



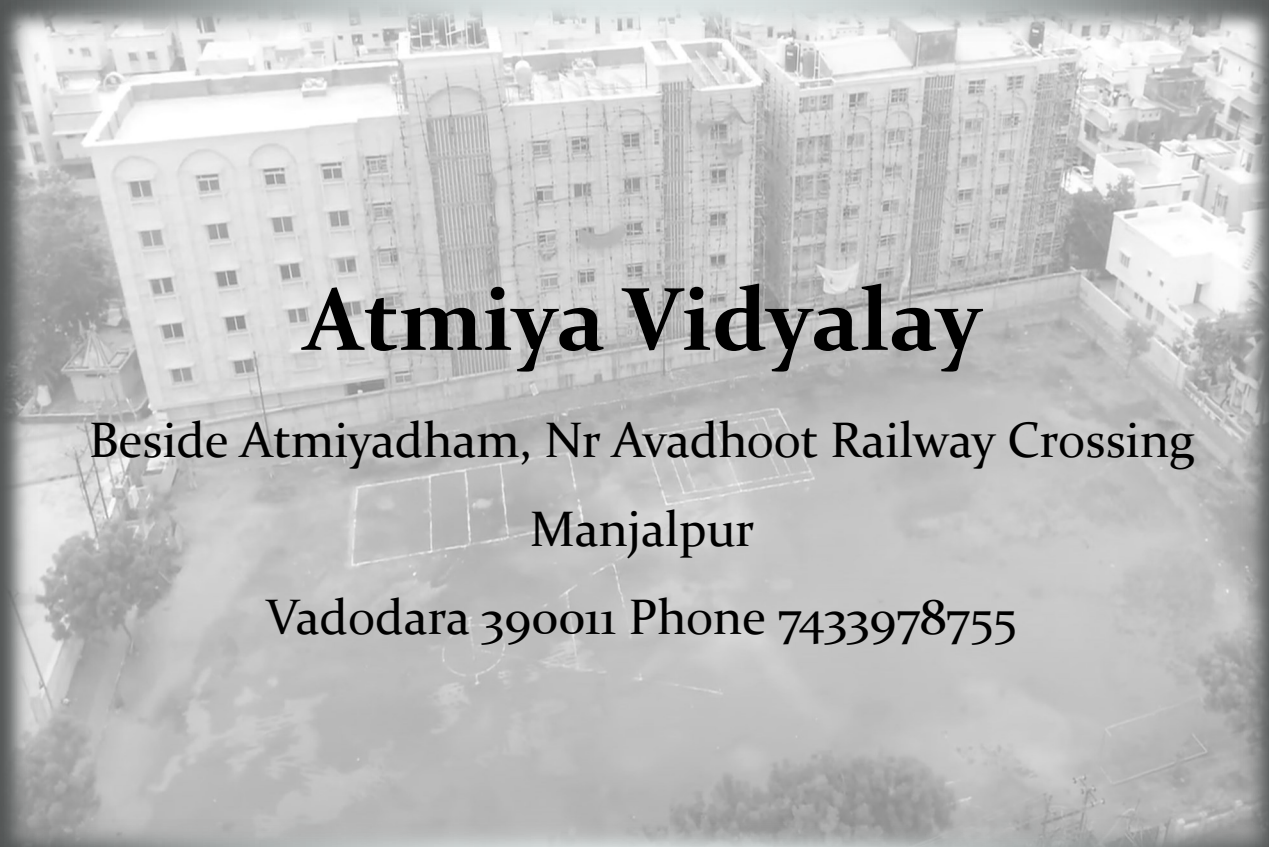
In the heart of India, a young boy named Dhyan Singh discovered a love for hockey that would change his life and the world of sports forever. His exceptional skills and unwavering dedication earned him the title of "The Hockey Wizard," a legend whose name echoed through generations.

Dhyan's journey began in the British Indian Army, where his talent was first recognized. His innate ability to control the ball, his lightning-fast reflexes, and his uncanny accuracy in scoring goals made him a standout player. He soon became the backbone of the Indian Army team, leading them to numerous victories.

Dhyan's rise to fame reached its zenith on the global stage. He led the Indian hockey team to an unprecedented three consecutive Olympic gold medals (1928, 1932, and 1936), an era where India dominated the sport. His performance in the 1936 Berlin Olympics, where he scored three goals against the formidable German team in the final, remains etched in the annals of sporting history.

Dhyan's impact extended beyond his on-field achievements. He inspired a nation and instilled a love for hockey in countless hearts. His legacy continues to inspire athletes and sports enthusiasts worldwide, reminding us that with dedication, passion, and a touch of magic, anything is possible.

As we celebrate National Sports Day in India, let us remember the "Hockey Wizard," Major Dhyan Chand, whose name will forever be synonymous with sporting excellence and national pride.



Atmiya Vidyalay

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