





## જય સ્વામિનારાયણ....!

આપણા જીવનમાં ખરેખર એ લાવવું હોય ને તો આવા એક બે પ્રસંગો યાદ કરીને ભજન કરીએ, પ્રાર્થના કરીએ. હે મારા પ્રભુ ! હે સ્વામી દાદા ! આપ આટલું બધું કોન્સન્ટ્રેશનથી વાંચતા અમે તમારા ભૂલકાં છીએ. અમને બળ આપો અમને સારું ભણવું છે. આપને રાજી કરવા છે. તો અમને બળ આપો, બળ આપો, બળ આપો. અમે ખૂબ એકાગ્ર થઈને ભણીએ, ખૂબ એકાગ્ર થઈને વાંચીએ અને પછી દસ મિનિટ થોડી ધૂન કરીએ. પછી તમે જુઓ આ વાત તમે ખાલી 60 દિવસ પકડી રાખશો તો જીવનમાં ધીરે ધીરે સાકાર થઈ જશે એટલું બધું તમારું મન એકાગ્ર થતું જશે એ સ્વામીજીની કૃપા થઈ જશે. આપને આટલું જ કરવાનું આ બે પ્રસંગો યાદ કરવાના અને સ્વામી બાપાને પ્રાર્થના કરવાની. અમને બળ આપજો, અમને આવું એકાગ્ર ચિત્તે વાંચવું છે, એકાગ્ર ચિત્તે સ્કૂલમાં ક્લાસમાં ભણવું છે. ખરેખર ખૂબ જ આગળ વધારે આપનાથી અને સૌથી મોટી વાત એ બનશે કે સારામાં સારું ભણી શકશો. મહારાજ રાજી થશે અને એથી વિશેષ સ્વામી દાદા બહુ રાજી થશે અને એથી વિશેષ તમે જે ફિલ્ડમાં ભણીને આગળ જશો એ ફિલ્ડમાં ખૂબ સફળતા, સફળતા અને સફળતા જ મળશે.





# Love Rules the World



CBSE Affiliation Number: 430426 School Number: 11322

Beside Atmiyadham, Nr Avadhoot Railway Crossing

Manjalpur 390011

Vadodara 390011 Phone 7433978755

# आत्मीय स्पर्श

Founder	P.P. Hariprasad Swamiji Maharaj
President	P.P. Premswaroop Swamiji Maharaj
Inspiration	P.P. Tyagvallabh Swamiji
Publishing Committee	Teachers
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## Editorial

**Dear Students, Parents and Well-Wishers !**

The pages before you are more than just ink and paper. They are a snapshot, a vibrant, chaotic, and utterly beautiful reflection of the year we've shared. This school magazine, a collective effort, is our attempt to capture the essence of our experiences, the triumphs, the stumbles, and the moments of pure, unadulterated joy that have painted our days.

Think of our school as a vast, unfurling canvas. At the start of the year, it was largely blank, a space filled with potential. Each student, each teacher, each event, is a stroke of colour, a carefully placed line, or a bold splash that contributes to the final masterpiece.

This year, we've seen the canvas come alive. We've witnessed the brilliance of our scientists in the lab, their experiments sparking not just chemical reactions, but also a passion for discovery. We've been moved by the power of words in our literary club, where stories and poems bloomed like wildflowers. We've cheered until our voices were hoarse on the sports field, witnessing the dedication and teamwork that led to victory.

# Vasant Panchami

**Date:** 01 February, 2025

**Time:** 08:00 AM onwards

**Venue:** Atmiya Dham

## Overview:

The school celebrated Vasant Panchami with a vibrant and spiritually enriching function. The event followed a well-structured sequence, ensuring a smooth and meaningful experience for all attendees.



## Activities:

- 1. Shloka:** The function commenced with the recitation of auspicious shlokas, setting a serene and devotional ambiance. This invocation served to invoke the blessings of Goddess Saraswati, the deity of knowledge, music, and arts.
- 2. Lighting of lamp by Principal Mam:** Following the shlokas, the Principal Mam ceremoniously lit the lamp, symbolizing the dispelling of darkness and the ushering in of knowledge and enlightenment. This traditional ritual marked the official commencement of the celebration.
- 3. Student speech:** A student delivered an insightful speech, highlighting the significance of Vasant Panchami and the importance of Goddess Saraswati in our lives. The speech emphasized the value of knowledge, creativity, and learning.
- 4. Girls dance on Saraswati Vandana:** A graceful and captivating dance performance by the girls on Saraswati Vandana followed. The dance, imbued with devotion and elegance, beautifully portrayed the essence of the goddess and her blessings.
- 5. Offering flowers to Devi Saraswati by students grade wise:** The culmination of the event was the offering of flowers to Devi Saraswati by students, grade wise. This act of devotion allowed each student to personally express their reverence and seek the blessings of the goddess. The orderly and systematic flow of the students created a beautiful visual experience.

The entire function was a harmonious blend of tradition, devotion, and artistic expression, leaving a lasting



# Swamiji Visit at Hostel

**Date:** 02 February, 2025

**Time:** 09:30 AM onwards

**Venue:** Atmiya Dham

## Overview:

Swamiji visited Atmiya Vidyalaya Hostel at Atmiya Dham Manjalpur on 2<sup>nd</sup> February 2024 to bless and guide the students. The visit aimed to provide spiritual guidance, share wisdom, and create a sense of positivity and harmony among the students.

## Activities:

**1. Welcoming Swamiji:** The students and staff warmly welcomed Swamiji with flowers and prayers.

**2. Spiritual Discourse:** Swamiji delivered an inspiring talk on how to attend board examination successfully, the importance of discipline, faith, or how to lead a balanced life.

**3. Interaction with Students:** Swamiji interacted with the students, listening to their concerns and providing guidance on their academic and personal lives.

**4. Blessings Ceremony:** Swamiji offered blessings to the students and staff, imparting wisdom for peace and progress in their lives.



## Q&A Session:

A brief Q&A session followed the discourse, where Swamiji answered questions posed by the students, offering them practical and spiritual solutions.

## Key Teachings:

- Advice shared by Swamiji during the visit, such as focus on inner peace, the importance of education, or self-improvement.
- Swamiji emphasized, encouraging students to maintain discipline, stay focused, and cultivate positive habits.

## Impact:

The visit had a profound impact on the students and staff, inspiring them to adopt more disciplined, mindful, and positive practices in their daily lives. Many students shared that they felt more motivated and spiritually connected.

## Conclusion:

Swamiji's visit was a moment of great spiritual significance, and it provided much-needed guidance and encouragement for the Atmiya Vidyalaya Hostel students. His message left a lasting impression, reminding everyone of the importance of self-reflection, spiritual growth, and compassion.



# Pariksha Pe Charcha

**Date:** 10 February, 2025

**Time:** 11:00 - 12:00 PM

**Venue:** Atmiya Dham

School has organized an online session on Pariksha Pe Charcha for students of classes 6 to 12 and parents. The session aimed to create awareness and help students overcome exam-related anxiety.

As we are aware, the Hon'ble Prime Minister interacted with students in Pariksha Pe Charcha 2025 at New Delhi for guiding students on key aspects of life and learning, in 7 subsequent episodes of PPC. These episodes, focussing on varied issues include:



**1. Mental Health:** Ms. Deepika Padukone has discussed the importance of emotional well being and self-expression.

**2. Technology & Finance:** Shri Gaurav Chaudhary (Technical Guruji) and Ms. Radhika Gupta has explored technology as a tool for smarter learning and financial literacy.

**3. Nutrition:** Ms. Shonali Sabherwal and Ms. Rujuta Diwekar has highlighted healthy eating habits and the role of quality sleep in academic success. Shri Revant Himatsingka, known as Food Farmer, will provide insights into leading a healthy lifestyle.

**4. Mindfulness & Mental Peace:** Shri Sadhguru sir has shared practical mindfulness techniques to help students maintain mental clarity and focus.

It focused on eliminating the fear of various subjects like Mathematics, Science, English by providing effective study techniques, stress management strategies, Through interactive discussions, students gained insights on handling pressure, improving focus, and boosting confidence. The initiative encouraged a positive mind-set toward exams, ensuring students approach their studies with enthusiasm rather than fear and stress.





# Maha Shivratri

**Date:** 22 February, 2025

**Time:** 8:00 - 11:00 AM

**Venue:** Atmiya Dham

## Introduction

Mahashivratri, the festival dedicated to Lord Shiva, was celebrated with devotion and enthusiasm at Atmiya vidyalay on 22-02-25. The event aimed to educate students about the spiritual and cultural significance of the festival while fostering a sense of unity and devotion.



## Event Highlights

### 1.Special Assembly

The celebration began with a special morning assembly, where students recited prayers and shlokas dedicated to Lord Shiva. The anchor addressed the gathering, explaining the importance of Mahashivratri and its relevance in Hindu culture.

### 2.Shiva Bhajans and Dance Performances

The school choir sang devotional Mantras, filling the atmosphere with divine energy. A group of students performed the cosmic dance of Lord Shiva. A group of students performed a dance "Dwadash Jyotirling Stotram" of Lord Shiva, which was highly appreciated by the audience.





### 3. Storytelling Session

Sejal ma'am narrated mythological stories related to Mahashivratri, including the marriage of Lord Shiva and Goddess Parvati and the significance of observing fasts and night-long prayers.

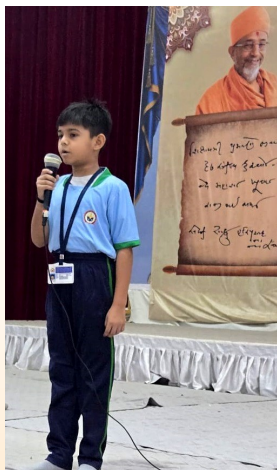
### 4. Meditation and Chanting Session

A short meditation session was conducted, where students and teachers chanted "Om Namah Shivaya," promoting inner peace and mindfulness.



### Conclusion

The Mahashivratri celebration at Atmiya vidyalaya was creating a spiritual and educational experience for students. The event helped instill values of devotion, discipline, and cultural awareness among young minds.





## Students' Corner



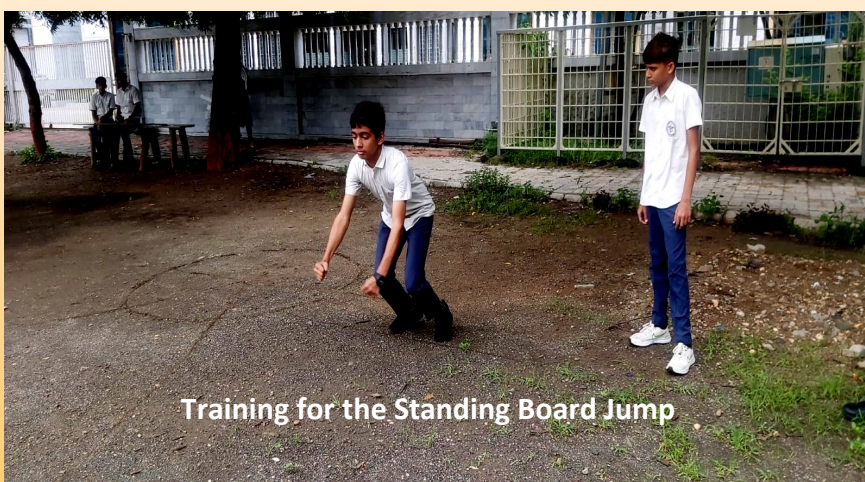
Cricket Tournament in Atmiya Vidyalay



50 Meter Running Race



Pyramid Performance



Training for the Standing Board Jump



Kho Kho  
Tournament



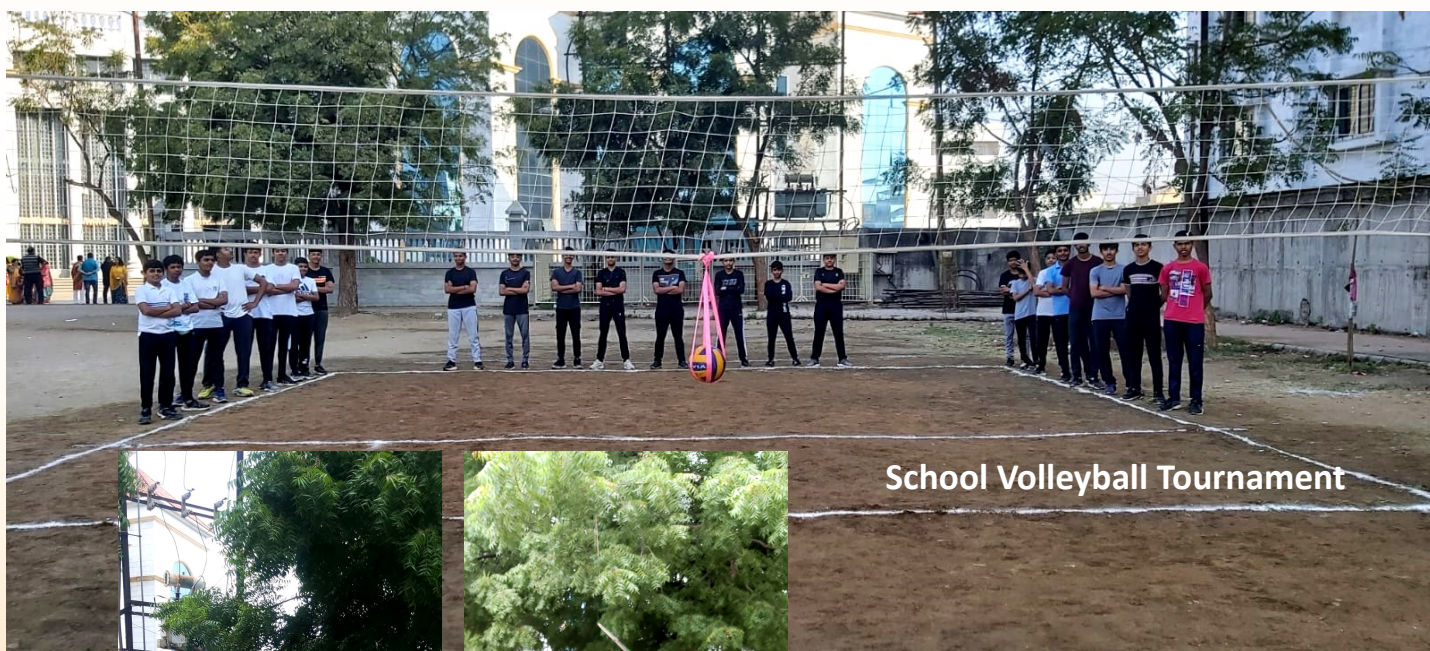
# Students' Corner



Cricket Tournament  
in Atmiya Vidyalay



Training for the Shot Put



School Volleyball Tournament



Training About Shot  
Put Throwing



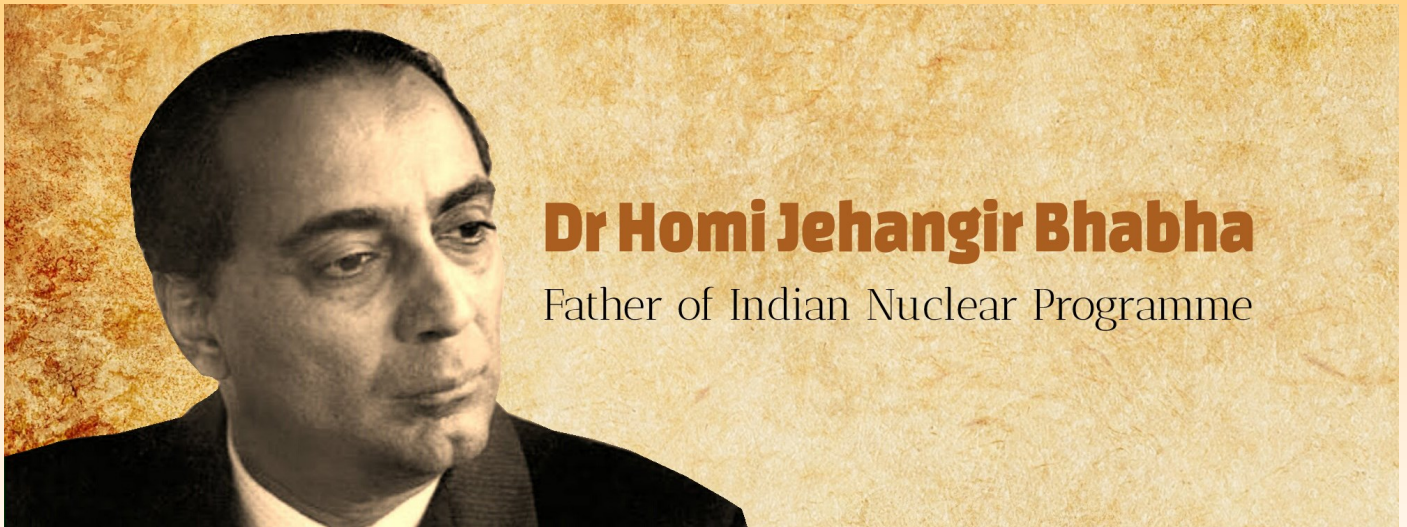
Training About  
Javelin Throwing



Playing Chess in Sports



## The Famous Personalities

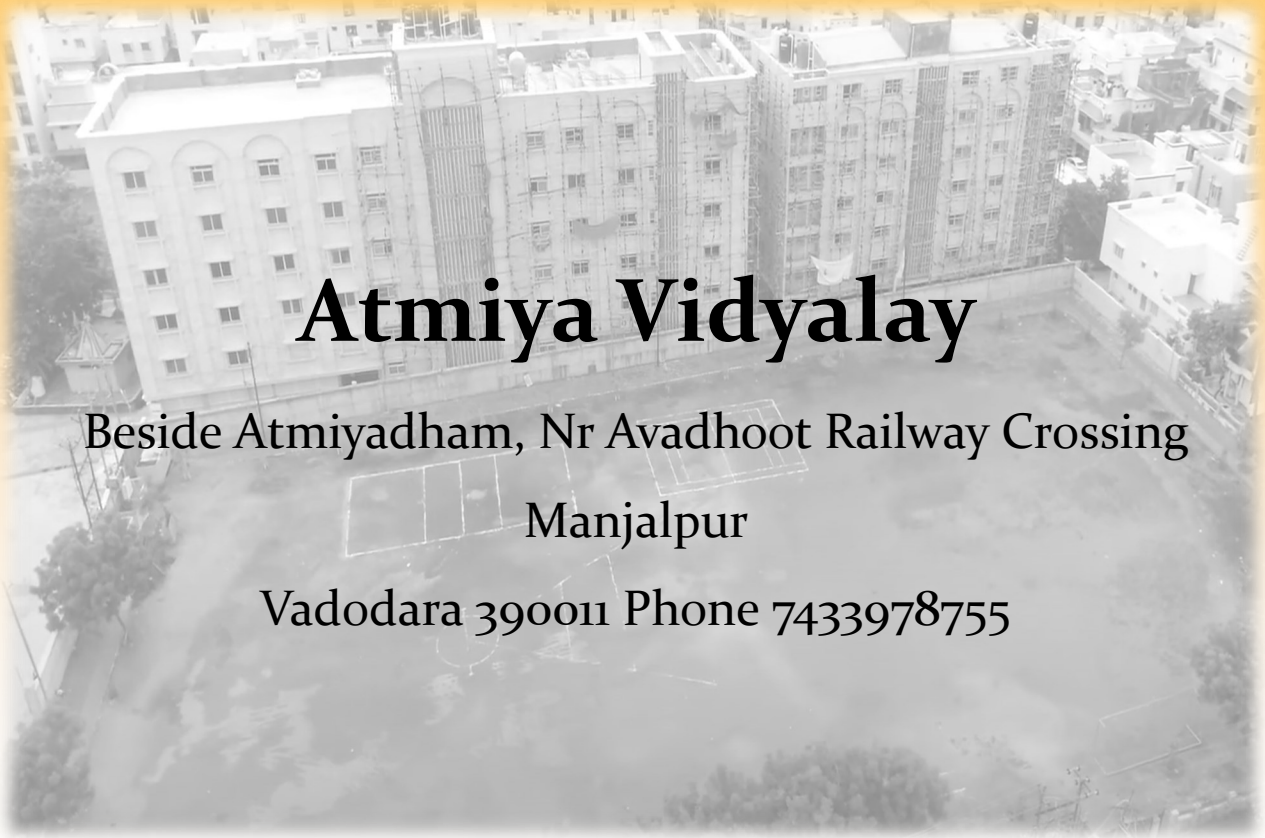


A small, cute, chubby boy tugged at his mother's clothes, he drew her to his room quietly and took her before a piece of canvas placed on the easel. The canvas was covered with a cloth.

The boy said, "Mother! I have a surprise for you. Please, draw aside the cloth from the canvas."

The lady unveiled the painting. She was amazed to see a beautiful sketch depicting a cow and a calf. The child clung to his mother and wished, "Happy Birthday, Mother! It is a gift for you."

Meherbai was taken by surprise at her son's expression of love. She held her tightly to her heart and showered a number of kisses. The tender hearted, sensitive, loving boy was none other than the great Indian physicist who was the founder of atomic research program in India. Dr. Homi Jehangir Bhabha was born on October 30, 1909. He made a vital contribution in placing India as playing a very significant role in the study and research of atomic energy of the world. He has been a foremost pillar in the progress of India in the field of nuclear physics. Dr. Bhabha made an important contribution to the world of Physics. He presented the famous Cascade Theory of Electron Showers. The theory explicitly explains the process of electron showers in cosmic rays. The entire world remains indebted to the outstanding contribution of unique creativity and ability.



# Atmiya Vidyalay

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Manjalpur

Vadodara 390011 Phone 7433978755

