



Growth with Grace of God & Guru



स्वामिनाम्

गुरुदेवि स्वामिनीनां सदा लक्ष्मी सेवायां—
स्वामि सुभूते श्रेष्ठ सिध्दायुजे ज्ञाने. लोकेना परीक्षा
व्याप्ये वशी क्वे तेभ्यं सारी सिद्धिना प्राप्तुं फलं स्वामि सुभू
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Love Rules the World



CBSE Affiliation Number: 430426 School Number: 11322

Beside Atmiyadham, Nr Avadhoot Railway Crossing

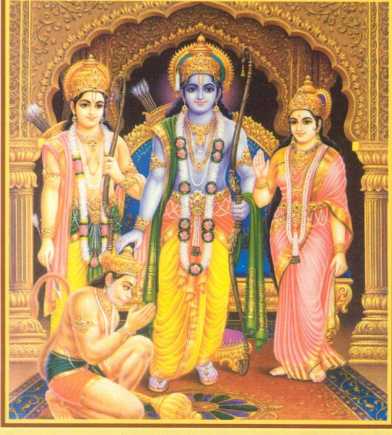
Manjalpur 390011

Vadodara 390011 Phone 7433978755

અમૃત પાન

શ્રી રામચરિતમાનસ સુત્રામૃત

Sri Ram Charit Manas



બિરતિ બિબેક બિનય બિગ્યાના ।

બોધ જથારથ બેદ પુરાના ॥

દંભ માન મદ કરહિં ન કાઝ ।

ભૂલિ ન દેહિં કુમારગ પાઝ ॥

અરણ્યકાણ્ડ (૩-૪૫-૩)

વૈરાગ્ય, વિવેક, વિનય, વિજ્ઞાન (પરમતત્વનું જ્ઞાન) અને વેદપુરાણોનું સાચું જ્ઞાન હોય, તેઓ ક્યારેય મનમાં દંભ કે અભિમાન કરતા નથી અને ભૂલથી પણ કુમારો પગ મૂકતા નથી.

અરણ્યકાંડ (૩-૪૫-૩)

શિક્ષાપત્રી



શિક્ષાપત્રીનાં આજ્ઞાવચનો

(મૂળ શ્લોકો સહિત)

નિજાત્માનં બ્રહ્મરૂપં દેહત્રયવિલક્ષણમ્ ।

વિભાવ્ય તેન કર્તવ્યા ભક્તિઃ કૃષ્ણસ્ય સર્વદા

॥૧૧૬॥

અને સ્થૂળ, સૂક્ષ્મ અને કારણ - એ જે ત્રણ દેહ તે થકી વિલક્ષણ એવો જે પોતાનો જીવાત્મા તેને બ્રહ્મરૂપની ભાવના કરીને પછી તે બ્રહ્મરૂપે કરીને શ્રીકૃષ્ણ ભગવાનની ભક્તિ જે તે સર્વ કાળને વિશે કરવી. (૧૧૬)

શ્રીમદ્ ભગવદ્ ગીતા



અહમાત્મા ગુડાકેશ સર્વભૂતાશયસ્થિતઃ ।

અહમાદિશ્ચ મધ્યં ચ ભૂતાનામન્ત એવ ચ ॥

॥૨૦॥

હે નિદ્રાને જીતનારા અર્જુન! હું સઘળાં ભૂતોનાં હૃદયમાં રહેલો સૌનો આત્મા છું તથા સર્વ ભૂતોનો આદિ, મધ્ય અને અન્ત પણ હું જ છું.

॥ ૨૦ ॥

आत्मीय स्पर्श

Founder	P.P. Hariprasad Swamiji Maharaj
President	P.P. Premswaroop Swamiji Maharaj
Inspiration	P.P. Tyagvallabh Swamiji
Publishing Committee	Teachers

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Editorial

Atmiya Vidyalay continues to stand as a pillar of values, discipline and holistic education, nurturing young minds through a thoughtfully planned series of academic, cultural, and value-based activities conducted throughout the academic session.

The month of December began on a spiritually enriching note with the celebration of Geeta Jayanti, through which students were introduced to the timeless teachings of wisdom, duty and righteous living, guiding them towards ethical and meaningful lives.

The school campus was further sanctified by a Blessing Ceremony by Padam Pujya Prem Swamiji, which filled the environment with positivity, spiritual energy and moral inspiration. This divine guidance strengthened students' inner values and encouraged them to grow with integrity and purpose.

Recognizing the vital role of parents in a child's development, the school organized a Parenting Session, where parents were sensitized about positive parenting, value-based upbringing and effective ways to support their children's academic and emotional growth. The session fostered a strong bond between parents and the school, reinforcing a shared commitment to students' overall well-being.

A vibrant display of unity and national consciousness was seen during the Atmanirbhar Bharat-themed rally, where students actively participated and showcased their awareness of self-reliance while maintaining cleanliness and discipline across the campus.

Value-oriented initiatives such as Bal Diwas and the Swachh Bharat Abhiyan helped instill a strong sense of social responsibility, cleanliness and civic awareness among students.

To promote strategic thinking and teamwork, students enthusiastically participated in indoor games like chess and ludo, while their achievements in box cricket tournaments reflected sportsmanship, cooperation and competitive spirit.

Atmiya Vidyalay celebrates National Mathematics Day on 22 December, the birth anniversary of the great mathematician Srinivasa Ramanujan. This day highlights the importance of mathematics in our daily life.

Mathematics develops logical thinking, problem-solving skills, and accuracy. It is the base of science, technology and innovation. At Atmiya Vidyalay, students learn mathematics through activities, puzzles, and practical learning, making the subject enjoyable and fear-free.

Academic enrichment remained a key focus through engaging English SEA activities, Maths SEA activities and Eco Club programmes, which encouraged creativity, critical thinking, and environmental awareness.

Overall, these enriching experiences reflect Atmiya Vidyalay's unwavering commitment to balanced education. Here academics, values, fitness and responsibility go hand in hand shaping confident, responsible and compassionate citizens of tomorrow.

स्थल: आत्मीय विद्यालय, मांजलपुर, वडोदरा



दिनांक 1 दिसंबर 2025 को आत्मीय धाम में गीता जयंती का भव्य आयोजन सफलतापूर्वक संपन्न हुआ। यह कार्यक्रम डी.ई.ओ. कचहरी के सान्निध्य में संपन्न हुआ। आत्मीय विद्यालय के विद्यार्थियों ने मैत्री, जेठरा और खुशबू परोल द्वारा गणेश वंदना से इस अवसर की शुरुआत की।

इस अवसर पर एम.एस. विश्वविद्यालय के विद्यार्थियों द्वारा श्रीमद्भगवद्गीता के कुछ श्लोकों का सुंदर पाठ किया गया।

विद्यार्थियों द्वारा किए गए श्लोक-पाठ से वातावरण आध्यात्मिक और भौतिक दृष्टि से पालित हो गया। कार्यक्रम का उद्देश्य गीता के उपदेशों को जन-जन तक पहुँचाना तथा युवाओं में नैतिक मूल्यों और जीवन-उद्देश्यों के प्रति जागरूकता बढ़ाना था।

समारोह में उपस्थित अधिकारियों, शिक्षकों एवं श्रद्धालुओं ने विद्यार्थियों के इस सुंदर प्रयास की सराहना की और गीता के संदेशों को जीवन में अपनाने का संकल्प लिया।

विद्यार्थिहितकाम्यया सन्तो यान्ति विद्यामन्दिरे।

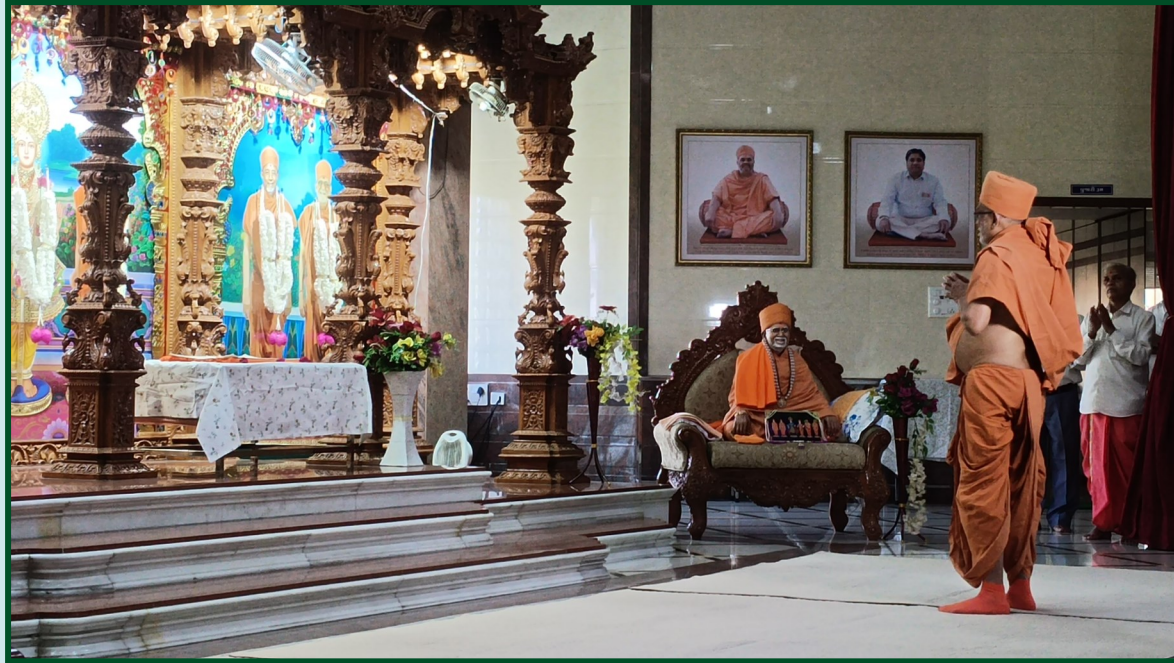
प्रार्थनास्वीकृतिं कृत्वा ददत्याशीः शुभां सदा॥

“विद्यार्थियों के विनम्र अनुरोध और प्रार्थना को स्वीकार करते हुए, आज पूज्य प्रेम स्वामी का हमारे आत्मीय विद्यालय में पधारना सभी के लिए आशीर्वाद स्वरूप है।”



The auspicious Blessing Ceremony at Atmiya Vidyalay commenced with a dignified and disciplined March Past, involving all volunteers, prefects, captains, and house captains, led by the Head Boy of the school. The march radiated patriotic fervor, unity, and reverence, creating a solemn atmosphere as **Pujya Prem Swamiji** entered the sacred campus of **Atmiya Dham** in the esteemed presence of respected Shri Anand Sir and Principal Shri Milind Phadke Sir.

The moment was gracefully anchored with heartfelt welcoming words, setting a devotional tone before Swamiji's divine darshan. The gathering was blessed by the sacred presence of Hariprasad Swami, the founder of Yogi Divine Society, and Sahajanand Swami, filling the atmosphere with spiritual vibrations.



The ceremonial **Poojan** was performed by the dignitaries, committee members, management, and the Principal, accompanied by melodious devotional bhajans, symbolizing devotion and gratitude.

Following this, the ceremony progressed with a spiritually enriching prayer by the senior boys, reflecting deep devotion and purity of intention.

On behalf of the entire Atmiya family, the **Principal** expressed profound gratitude for receiving the divine blessings of Param Pujya Prem Swamiji, emphasizing the school's commitment to nurturing values, discipline, and spirituality along with academic excellence.



A vibrant spiritual dance portraying the essence of Sanatan Dharma, titled “Ram Ji Ka Parcham Lehra Ke, Aaye Hain Bhagwa Dhari”, captivated the audience and beautifully conveyed the message of faith, courage, and cultural pride.

Param Pujya Prem Swamiji began His enlightening pravachan with a devotional shloka, followed by the powerful and unifying ceremonial “Jai Naad” of all the pillars of Yogi Divine Society. In His divine discourse, Swamiji lovingly addressed students and teachers, guiding them to see every child as a “**Bhoolku**”—innocent, pure, and ever-learning. His words emphasized compassion, patience, self-discipline, and the sacred responsibility of teachers as true Gurus. Swamiji beautifully blended spiritual wisdom with educational morals, inspiring students to pursue knowledge with humility, values, and devotion.



As a gesture of encouragement, Swamiji graciously announced that the school would honour students with symbolic trophies and medals for their achievements in curricular, co-curricular, and sports activities, reinforcing the importance of holistic development.

The ceremony concluded with a special photography session with the boarding students of Standards 10th and 12th, marking a moment of divine blessings to strengthen their focus, confidence, and preparation for upcoming examinations.





This was followed by a group photograph with the staff members, acknowledging them as the guiding lights and Gurus shaping the future of the children with dedication and selfless service.

The Blessing Ceremony remained a spiritually uplifting and memorable occasion, leaving an everlasting impact on the hearts of students, teachers, and the entire Atmiya family.

During the parenting session, the discussion was held on parenting styles and the characteristics of each style based on responsiveness and demandingness, such as permissive, authoritative, neglectful, and authoritarian parenting.



During the further discussion, the glimpses of **NEP 2020** and its initiatives, like competency-based education and assessment reforms at the middle and secondary stages, were discussed in detail.

During the session, the highlights of the pedagogical structure were discussed and elaborated, which included aspects like assessment tools, learning outcomes, art integrated sports education system, and selection of subjects and Learning methods. The highlights on important aspects like **Nipun, Parakh, Diksha, FLN** etc... were also the parts of presentation.

The wellbeing of the teachers, students & habits were also being focused.

Atma Nirbhar Bharat

Venue: Atmiya Dham Premises

13 December



On 13th December 2025, Atmiya Vidyalay successfully conducted an Atma Nirbhar Bharat rally involving students from **Grade 3 to Grade 12**. The rally was organized in and around the Atmiya Vidyalay campus.



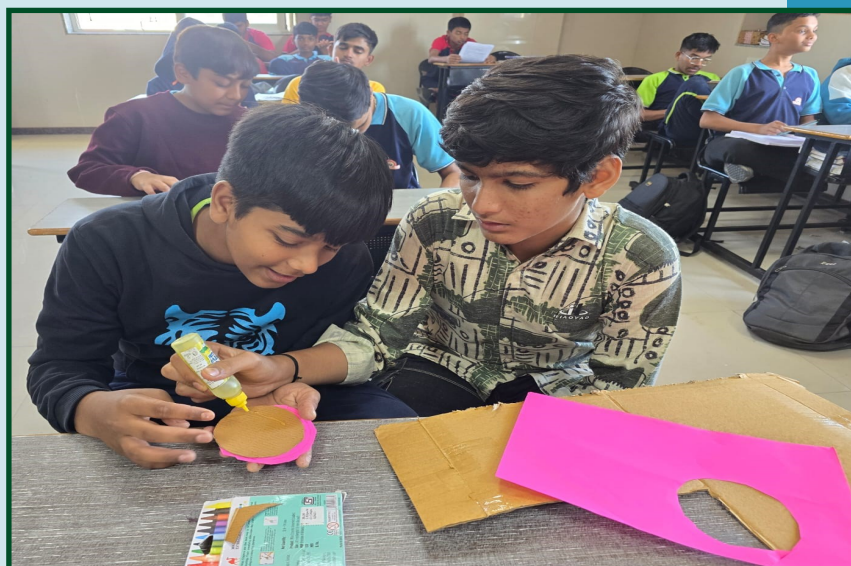
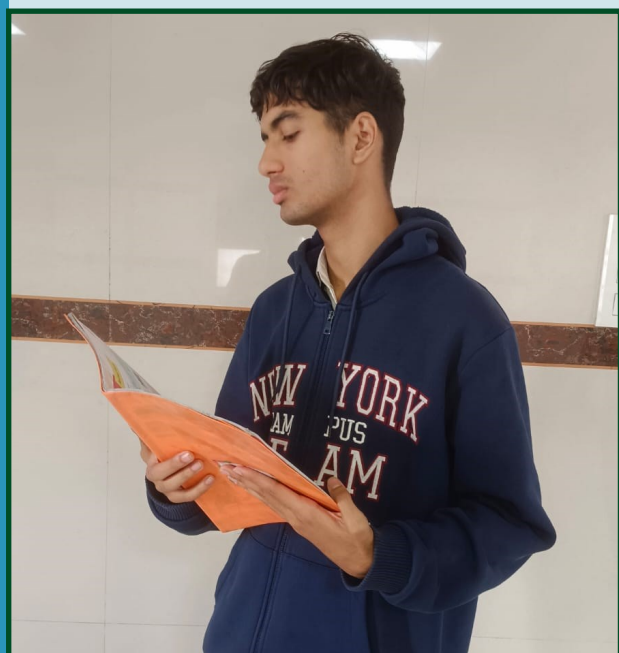
The central theme of the rally was “Atma Nirbhar Bharat”, aiming to create awareness about the importance of using goods made in India and encouraging self-reliance among citizens. Students participated actively by holding placards and raising meaningful slogans that highlighted the value of Indian products and indigenous industries.



The rally helped instill a sense of national pride and responsibility among the students. It was a successful initiative that effectively conveyed the message of self-reliance and support for the nation’s growth.



On 22nd December, our school observed National Mathematics Day with a special morning assembly to commemorate the **birth anniversary** of the great Indian mathematician **Srinivasa Ramanujan**. The assembly highlighted his inspiring life journey as a self-taught genius whose contributions to number theory, infinite series, and mathematical analysis continue to influence the world.



The significance of mathematics in everyday life was emphasized through its wide applications in economics, technology, medical science, engineering, and space research. Students learned how mathematics forms the backbone of financial planning, digital technology, medical research, engineering innovations, and scientific exploration.

The program concluded with the message that mathematics is not merely an academic subject but a vital life skill that nurtures logical thinking, problem-solving, and innovation, inspiring students to approach learning with curiosity and confidence.

White Colour Day was celebrated with great enthusiasm and joy. The day began with children dressed beautifully in white clothes, spreading a sense of peace and purity all around. Students were introduced to the colour white through fun-filled activities and discussions.



Teachers explained the significance of the colour white and showed various white objects such as cotton, milk, flowers, paper and toys. Children participated in colouring, drawing and craft activities using white materials which enhanced their creativity and understanding.



Rhymes, stories, and interactive games related to the colour white made the learning experience enjoyable. The celebration helped children recognize the colour white and understand its importance in their surroundings.



Overall, White Colour Day was a successful and delightful learning experience for the children.



Venue: FC Arena 360, Vadsar, Vadodara



Atmiya Vidyalay proudly celebrates the remarkable achievement of its Cricket Team at the **Maharaja Cricket Cup 2025**, held at FC Arena 360, Vadsar, Vadodara.

The tournament witnessed enthusiastic participation from eight reputed school teams, making the competition highly challenging and spirited. Demonstrating outstanding skill, determination, and teamwork, the Atmiya Vidyalay Cricket Team delivered an impressive performance throughout the tournament and secured a commendable **3rd Position**.

The players exhibited exceptional discipline, sportsmanship, and unity on the field, bringing great pride and honor to the institution.

Team Members: Pratham Mahyavanshi, Krutarth Patel, Vaibhav Patel, Param Patel, Jayneel Patel, Shashwat Patel, Yug Galani and Keval Desai

The school management and staff extend their heartiest congratulations to all the players for their dedication and commendable achievement. We wish them continued success and many more victories in future tournaments.

Atmiya Vidyalay has celebrated Bal Divas with a vibrant **Poster Making Competition** centered on the theme "Swachh Bharat Swasth Bharat," effectively blending the joy of "Bal Divas" with the national mission for cleanliness. Students in age group from 11 to 18 showcased their artistic talents by illustrating the vital link between hygiene and health, using creative visuals to advocate for a "Garbage-Free India" and the elimination of single-use plastics.



Armed with brushes and bold slogans, the participants transformed their thoughts into powerful messages that emphasized personal responsibility toward environmental sustainability. The event aligned with CBSE's Swachhata guidelines, concluded with an exhibition of the top posters and healthy lifestyle.



The Indoor Games Extravaganza at Atmiya Vidhyalay was a resounding success, transforming the school hall into a hub of strategic brilliance and spirited competition as students faced off in **Ludo and Chess**. While the Chess tournament demanded intense concentration and foresight, the Ludo matches brought a vibrant energy, teaching participants the balance between patience and calculated risk. Beyond the trophies, the event successfully fostered critical thinking and sportsmanship, providing a valuable screen-free environment where students from all grades could bond over classic board games and sharpen their mental agility.



“Nurturing young minds to protect nature today for a greener tomorrow.”



The ECO Club of our school successfully organized a Co-Curricular Activity (CCA) on **6th December 2025** for students of **Grades 3 to 9**, with the aim of fostering creativity, sustainability, and environmental awareness among young learners.



The activities were thoughtfully planned according to age groups to ensure meaningful participation and hands-on learning.

For **Grades 3 to 5**, the activity titled “*Segregate and Save Earth*” focused on practical waste segregation. Students brought clean and dry waste materials such as paper, plastic, metal, organic waste, and limited e-waste from home. Through this activity, they learned the importance of reducing waste and protecting the environment through correct segregation practices.



Students of **Grades 6 to 9** enthusiastically took part in “*Bird Shelter Crafting*”. Using natural materials like dry grass, coconut fibres, twigs, leaves, straw, and cotton, students crafted eco-friendly bird shelters. This activity not only encouraged creativity but also instilled compassion and responsibility towards birds and nature.



The ECO Club CCA activity proved to be an enriching experience, inspiring students to adopt eco-friendly habits and become responsible citizens committed to protecting the environment.

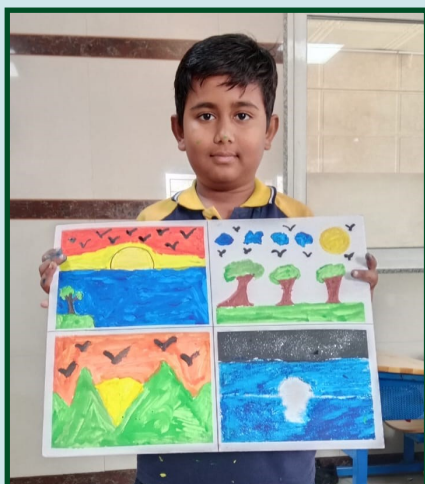
Venue: Atmiya Vidyalay, Manjalpur - Vadodara

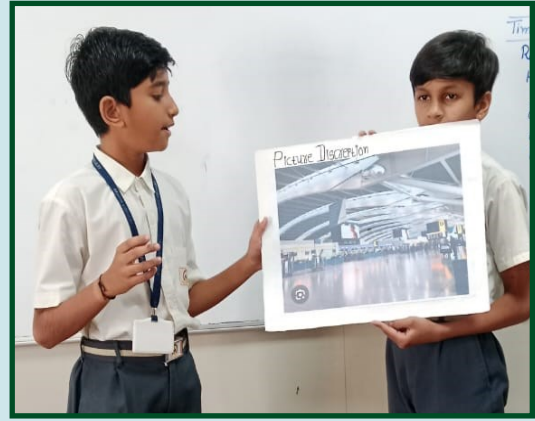
As part of the SEA activity, students from Classes 3, 4, and 5 actively participated in various creative and expressive activities. The sessions were planned to encourage creativity, imagination, and communication skills among students.

Students of Class 3 participated in an activity based on the theme Helping Hands. They expressed their ideas through simple drawings and spoke a few sentences explaining how they can help others in their daily lives. The activity helped students understand the value of kindness, cooperation, and helping behaviour while improving their confidence and speaking skills.



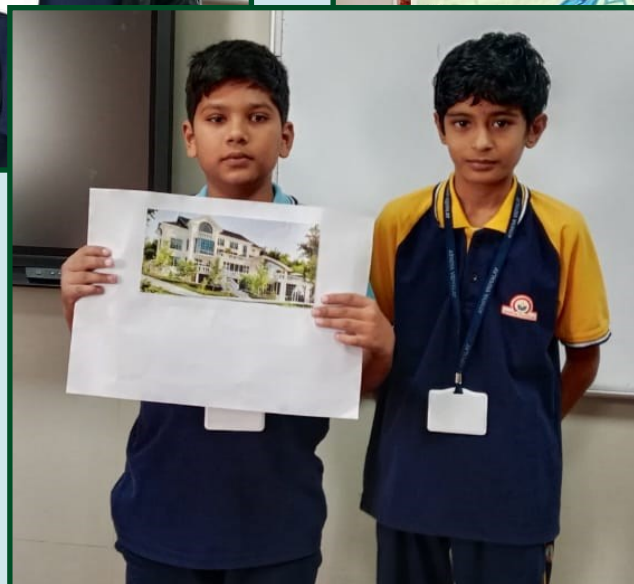
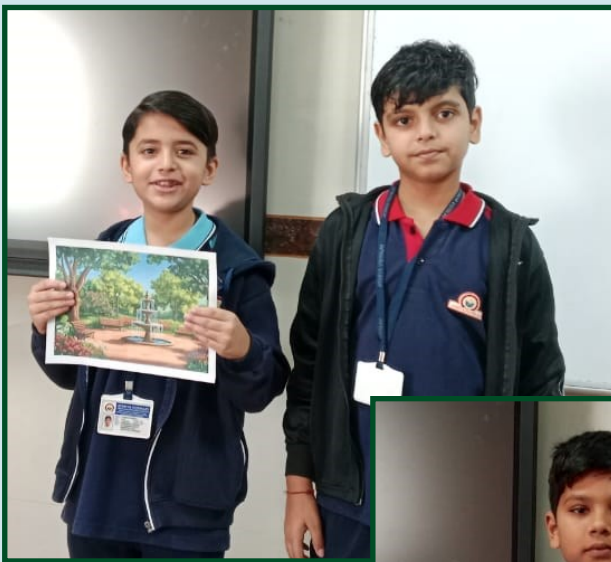
Students of Class 4 enthusiastically took part in a poster-making activity. They created colourful and meaningful posters on the given topic, showcasing their creativity and artistic skills. The activity encouraged imagination and self-expression, and students worked with great interest and enthusiasm.





Students of Class 5 participated in a creative session where instructed to draw or bring a printout and spoke a few sentences based on their pictures. Each student confidently explained their artwork in front of the class, sharing ideas, thoughts, and imagination. This activity helped enhance creativity, boost speaking skills, and improve self-expression.

Overall, the SEA activities were engaging and successful in promoting creativity, confidence, and active participation among students. The sessions were lively and enjoyable, and students showed great enthusiasm throughout the activities.



Venue: Atmiya Vidyalay, Manjalpur - Vadodara

As a part of National Mathematics Day, the Mathematics Club Activities were successfully conducted for students of Grade 1 to Grade 9 in the school premises on 19th December (Saturday) during the CCA periods. The activities were carried out under the able guidance of the respective Mathematics teachers of each class.

The main objective of organizing these activities was to promote joyful learning, conceptual clarity, and practical application of mathematical concepts through hands-on, art-integrated, and activity-based learning, in alignment with CBSE guidelines, National Curriculum Framework (NCF), and the vision of National Education Policy (NEP) 2020.

Grade 1

Activity: Making shapes using ice-cream sticks on colour paper. Students identified and constructed basic geometric shapes using ice-cream sticks, enhancing their shape recognition, fine motor skills, and spatial understanding through creative expression.



Grade 2

Activity: Multiplication tables on butterfly models. Students creatively designed butterfly charts to represent multiplication tables, which helped in visual learning, memory retention, and made the learning of tables fun and engaging.

Grade 3

Activity: Making an easy clock using colour paper and cardboard. Students prepared working clock models, developing a clear understanding of time concepts, while strengthening practical skills and logical thinking through



hands-on learning.

Grade 4

Activity: Decimal value chart. Through decimal charts, students visually represented place values, improving their number sense, conceptual clarity of decimals, and confidence in handling real-life numerical situations.



Grade 5

Activity: Preparing sums on Time and Temperature. Students framed and solved sums related to daily life situations, enabling them to apply mathematical concepts practically and relate learning to real-world contexts.



Grade 6

Activity: Rotational symmetry chart (Integer chart).

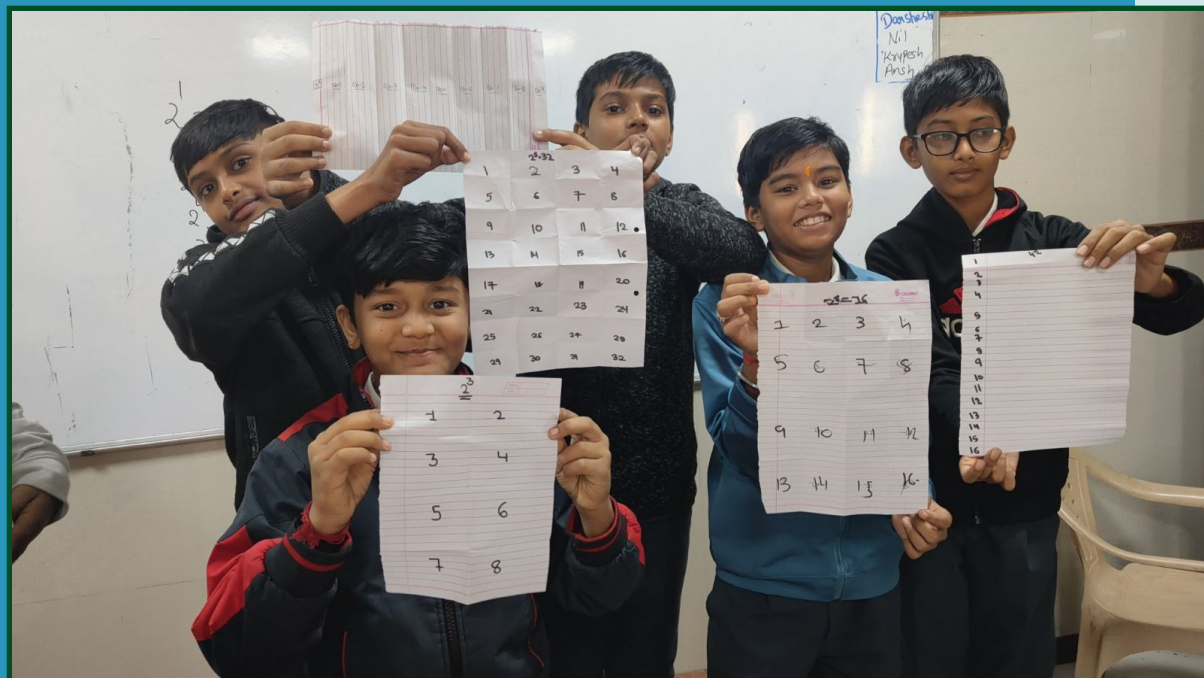
Students explored rotational symmetry through charts, helping them understand geometrical transformations while encouraging analytical thinking and observation skills.



Grade 7

Activity: Lines of symmetry and mirror images.

Students created models and drawings to identify lines of symmetry and mirror images, strengthening their visualisation ability and understanding of geometric balance and patterns.



Grade 8

Activities:

- Laws of Exponents.
- Surface area of different shapes (2-D to 3-D models)

Students demonstrated abstract concepts through models, which enhanced conceptual understanding, critical thinking, and the ability to connect algebra and geometry through experiential learning.

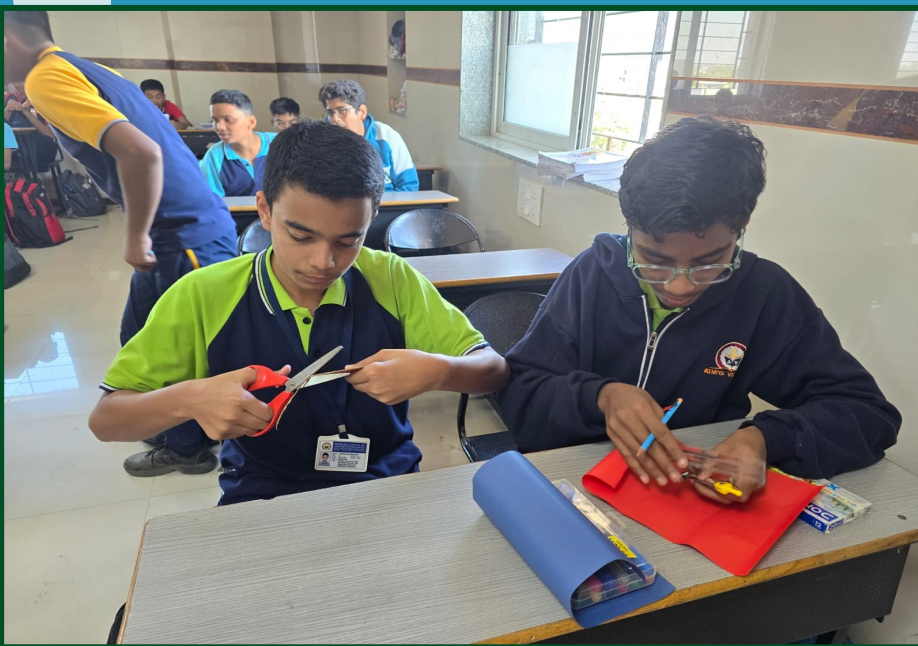


Grade 9

Activities:

- Area and perimeter of parallelogram, rectangle, and square using creative methods as per Lab-Manual activities.

b) Finding the value of π using string and circles of different sizes
Students performed investigatory activities as per CBSE Lab-Manual directives, developing mathematical reasoning, measurement skills, and an inquiry-based approach towards learning.



Significance of the Activity

The Mathematics Club Activities were conducted with a strong focus on Art Integrated Learning, as recommended by CBSE, where students learned mathematical concepts by combining creativity, hands-on activities, and experiential learning.

These activities:

- Encouraged learning by doing
- Reduced math anxiety and increased student engagement
- Promoted 21st-century skills such as critical thinking, creativity, and collaboration
- Supported the holistic development of learners as envisioned in NEP 2020
- Aligned with the competency-based education model of the National Curriculum Framework

The Mathematics Club Activities conducted on National Mathematics Day proved to be highly fruitful and enriching for students of Grade 1 to 9. The enthusiastic participation of students and dedicated guidance of teachers made the event successful. Such activities not only strengthen conceptual understanding but also nurture curiosity, creativity, and a lifelong love for mathematics.

